

Pon De Replay

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Patricia Soran (AUT)
音樂: Pon de Replay - Rihanna



When danced to "Pon de replay": 8 Counts Intro, start after the word "Okay"

CROSS RIGHT TOE OVER LEFT, POINT RIGHT SIDE, HITCH RIGHT, POINT RIGHT BACK AND SNIP, HITCH RIGHT & STEP RIGHT SIDE WITH ¼ TURN RIGHT, REPEAT WITH LEFT

- 1-2 Touch right toe over left, point right toe to right side
- &3 Hitch right knee slightly (bounce), cross right toe behind left, bend left knee and snip fingers behind back
- &4 Hitch right knee slightly, step right side with ¼ turn right (3:00)
- 5-8 Repeat 1-4 reversed (again 12:00)

ROCK STEP RIGHT FORWARD, WITH FLICK AND KICK, SYNCOPATED ROCK STEP RIGHT BACK WITH KICK AND FLICK, STEP RIGHT FORWARD, REPEAT WITH LEFT, TOGETHER LEFT

- 1-2 Little jump forward on right foot, flick left and push left shoulder up, drop shoulder jump back on left and kick right
- &3-4 Jump back on right and kick left, replace on left with jump and flick right, step right forward
- 5-7 Repeat 1-3 reversed
- 8 Step left near right

3-STEP-TURN RIGHT, TOGETHER LEFT, CROSS-UNWIND WITH ¾ TURN RIGHT, FULL TURN RIGHT WITH STEP LEFT & RIGHT

- 1-4 Step right side with ¼ turn right, step left side with ¼ turn right, step right side with ½ turn right, step left near right
- 5-6 Cross right ball behind left, turn ¾ turn right, weight right (9:00)
- 7-8 Full turn right with step left and right forward

Easier option: step left and right forward

STEP SIDE LEFT & RIGHT, HITCH-KICK-HITCH-STEP LEFT & RIGHT DIAGONAL, "TIP OVER" KNEES

- 1-2 Step left side, step right side (feet shoulder width apart)
- &3&4 Hitch left knee and turn 1/8 turn right, kick left, hitch left, turn back and step left side
- &5&6 Repeat &3& reversed (weight now right), step right near left
- 7-8 Weight on both balls, lean to right (on the right outer edge of balls) and bend knees, roll back to flat and straighten knees (weight left)

REPEAT