

Pomeroy Shuffle (P)

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 0 級數: Partner
編舞者: David F. Roberts (CAN) & Linda Roberts (UK)
音樂: Dancin', Shaggin' On the Boulevard - Alabama



Position: Side By Side (A.K.A. Sweetheart)

LEFT, RIGHT, LEFT, RIGHT, SHUFFLE FORWARD

1-8 Left shuffle forward, right shuffle forward, left shuffle forward, right shuffle forward

HALF TURN, SHUFFLE, HALF TURN, SHUFFLE

9-12 Step forward on left and pivot half turn to your right, left shuffle forward. (left, right, left) RLOD

13-16 Step forward on right and pivot half turn to your left, right shuffle forward (right, left, right)
LOD

MAN'S STEPS

ROCK FORWARD, BACK, TRIPLE, ROCK BACK, FORWARD, TRIPLE

17-20 Rock forward on left, rock back on right, left triple in place (left, right, left)

You should be facing partner slightly offset

21-24 Step right behind left, rock forward onto left, right triple in place

LADY'S STEPS

STEP PIVOT HALF TURN, TRIPLE, ROCK BACK, FORWARD TRIPLE

17-20 Step forward on left, pivot half turn right, left triple in place (left, right, left)

21-24 Step right behind, left rock forward onto left, right triple in place

BEHIND SIDE, SHUFFLE IN FRONT, SIDE, SHUFFLE

25-32 Cross left behind right, step to the side on right (left shoulder to shoulder) left shuffle slightly forward, cross right in front of left step to the side on left (passing back to back), right shuffle slightly back

MAN'S STEPS

ROCK STEP, SHUFFLE, POINT FORWARD SIDE SHUFFLE, VINE, TOUCH STEP TURN, VINE, TOUCH STEP TURN

33-36 Rock back on left, rock forward onto right, left shuffle forward

Back into side by side position

37-40 Point right toe forward, point right toe to the side, right shuffle back

41-44 Step to-the side on left, cross behind on right, step to the side on left, touch right next to left

45-48 Step forward on right, make a half turn to your left, step forward on right, make a half turn to your left

LADY'S STEPS

STEP PIVOT SHUFFLE, POINT FORWARD, SIDE SHUFFLE, VINE, TOUCH STEP TURN, VINE, TOUCH STEP TURN

33-40 Step forward on left foot, pivot half turn right, left shuffle forward

41-44 Step to the side on right, cross left behind right, step to the side on right, touch left next to right

45-48 Step forward on left, make a half turn to your right, step forward on left, make a half turn to your right

REPEAT