

# Polkaplay

拍數: 64      牆數: 2      級數: Improver polka  
編舞者: Forty Arroyo (USA) & The Hayloft Gang  
音樂: Jambalaya - Led Loader & The Barrels



## TRIPLE RIGHT, ROCK WITH ¼ RIGHT, STEP, TRIPLE BACK, STOMP & CLAP

1&2      Triple side right - right-left-right  
3-4      Rock forward on left turning ¼ right, recover weight on right  
5&6-7&8      Triple back left, right, left, stomp, clap, clap

## KICK, HOOK, KICK, FLICK, KICK, HITCH, KICK, HITCH, TRIPLE, STEP LEFT WITH ¼ RIGHT, STOMP RIGHT NEXT TO LEFT

1&2&      Kick right forward, hook right over left, kick right forward, flick right out to side  
3&4&      Kick right forward, hitch right, kick right forward, hitch right forward  
**Alternate:**  
1-4      Touch right forward, touch right to outside of left, touch right forward, touch right next to left  
  
5&6      Triple forward right-left-right  
7-8      Step left to side turning ¼ right, stomp right (no weight) (now at 6:00)

## TRIPLE RIGHT, STEP, TOUCH & CLAP, STEP, TURN, STEP, FAN HEELS

1&2-3&4      Triple to right, right-left-right, step left to left turning ½ to right, sweep & touch right next to left (clap)  
5&6-7&8      Step forward on right, pivot ½ left, stomp right slightly forward, fan heel out and in  
**Ending with weight on left, lifting right heel on 8 as you fan heels in. (6:00)**

## TRIPLES -TRAVELING TO THE RIGHT COMPLETING A FULL TURN RIGHT

1&2&      Traveling to the right, triple slightly forward (at an angle) to right with a right, left, right while turning ¼ to right, brush left next to right (now at 9:00)  
3&4&      Repeat - end at 12:00  
5&6&      Repeat - end at 3:00  
7&8      Repeat - end at 6:00 (completing a full right turn)

## TOE SWITCHES -TOUCH RIGHT-LEFT-RIGHT, RIGHT IN & OUT - LEFT-RIGHT-LEFT LEFT IN & OUT

1&2      Touch right to right, step left next to right, touch left out to side  
&3&4      Step left next to right, touch right - out, in, out  
&5&6      Step right next to left, touch left out to side, step left next to right  
&7&8      Touch right out to side, step right next to left, touch left - out, in, out

### Easy option

1-4      Touch right out to side & hold, change weight, touch left out to side & hold  
5-8      Repeat

## 2 TRIPLES FORWARD, VINE LEFT WITH ½ TURN RIGHT - REPEAT

1&2-3&4      Triple forward left-right-left, triple right-left-right turning (12:00)  
5-8      Turning ½ to right - step left, step right behind left, step left, stomp right next to left (weight on right)  
  
1&2-3&4      Triple forward left-right-left, triple right-left-right turning (6:00)  
5-8      Turning ½ to right - step left, step right behind left, step left, stomp right next to left (weight on right)

## CROSS, STEP, STEP, STOMP & SCUFF, & STOMP & SCUFF, & STOMP

- 1-3 Cross left over right, step back slightly on right, step left to left side  
4&5& Stomp right next to left, step left in place, scuff right in place, step right in place  
6&7 Stomp left next to right, step right in place, scuff left next to right  
&8 Step left in place, stomp right next to left (weight on left)  
**alternate steps:**  
4-8 Do alternating toe touches (right & left & right & left & right)

**REPEAT**

For some real fun, try it contra style

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