

Please, Please (P)

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 0 級數: Partner
編舞者: Michelle Chandonnet (CAN) & Marc Archambault (CAN)
音樂: Please, Please - Jason McCoy



Position: Side-by-Side

SHUFFLE FORWARD, SHUFFLE FORWARD, HEEL GRIND/STEP, HEEL GRIND/STEP

1&2 Shuffle forward right-left-right
3&4 Shuffle forward left-right-left
5 Step right heel forward turning right toes in
6 Turn right toes out stepping left beside right
7 Step right heel forward turning right toes in
8 Turn right toes out stepping left beside right

MAN: ROCK STEP, COASTER STEP, SHUFFLE, SHUFFLE

LADY: ROCK STEP, COASTER STEP, SHUFFLE ½ TURN, SHUFFLE ½ TURN

1-2 Rock right forward, rock back on left
3&4 Step right back, step left beside right, step right forward
Release left hand and raise right arm over lady's head
5&6 **MAN:** Shuffle forward left-right-left
 LADY: Shuffle forward left-right-left ½ turn right (RLOD)
7&8 **MAN:** Shuffle forward right-left-right
 LADY: Shuffle forward right-left-right ½ turn right (LOD)

Side-by-side position

STEP, BEHIND, STEP, BEHIND, SIDE SHUFFLE, ROCK STEP

1-2 Step left to left, step right behind left
3-4 Step left to left, step right behind left
5&6 Shuffle left-right-left to left
7-8 Rock right across in front of left, rock back on left

STEP, BEHIND, STEP, BEHIND, SIDE SHUFFLE, COASTER STEP

1-2 Step right to right, step left behind right
3-4 Step right to right, step left behind right
5&6 Shuffle right-left-right to right
7&8 Step left back, step right beside left, step left forward

REPEAT
