

Please Love Me

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Karla Dornstedt (USA) & Paul Dornstedt (USA)
音樂: Love Me - The Little Willies With Norah Jones



SIDE, ROCK-RECOVER-SIDE, BEHIND-SIDE-CROSS, TOUCH OUT-IN-SWEEP, BEHIND-SIDE-ROCK

1 Step right side right
2&3 Rock left behind right, recover weight forward on right, step left side left
4&5 Cross right behind left, step left side left, cross right over left
6&7 Touch left side left, touch left next to right, sweep left out forward to back
8&1 Cross left behind right, step right side right, rock left over right

RECOVER-TURN-ROCK, RECOVER-TURN-CROSS, TURN ¾ RIGHT HIP-AND-HIP, COASTER STEP

2&3 Recover weight back on right, turn ¼ left and step forward on left, cross rock right over left (9:00)
4&5 Recover weight back on left, turn ¼ right and step right side right, cross left over right (12:00)
6&7 Bump hips left-right-left while turning ¾ to the right (weight left) (9:00)
8&1 Step right back, step left next to right, step forward on right

STEP-LOCK-STEP, ROCK-RECOVER-TURN, CROSS-SIDE- BEHIND, TOUCH OUT-IN-SWEEP

2&3 Step forward on left, cross right behind left, step forward on left
4&5 Rock forward on right, recover weight back on left, turn ½ right and step forward on right (3:00)
6&7 Cross left over right, step right side right, cross left behind right
8&1 Touch right side right, touch right next to left, sweep right out forward to back

BEHIND-SIDE-CROSS, SCISSOR STEP, COASTER STEP, FORWARD-TOUCH-(SIDE = 1)

2&3 Cross right behind left, step left side left, cross right over left
4&5 Step left side left, step right next to left, cross left over right
6&7 Step back on right, step left next to right, step forward on right
8& Step forward on left, drag and touch right next to left

REPEAT
