

Please - Please

拍數: 64 牆數: 4 級數: Improver
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音樂: Please Please - Scooter Lee : (CD: Best of The Best)



RIGHT LOCK STEP, LEFT LOCK STEP

1-2 Right step forward to right diagonal, lock left foot behind right
3-4 Step right foot to right diagonal and hold
5-6 Left step forward to left diagonal, lock right foot behind left
7-8 Step left foot to left diagonal and hold

PIVOT ½ TURN TO THE LEFT, REPEAT

1-4 Step forward right and hold, pivot ½ turn left and hold
5-8 Step forward right and hold, pivot ½ turn left and hold

RIGHT GRAPEVINE WITH HITCH, LEFT GRAPEVINE WITH HITCH

1-2 Step right foot to right side, cross left foot behind right
3-4 Step right foot to right side, hitch left knee and pivot ½ turn to your right
5-6 Step left foot to left side, cross right foot behind left
7-8 Step left foot to left side, hitch right knee and pivot ½ turn to your left

RIGHT POINT CROSS, LEFT POINT CROSS

1-4 Point right foot to right side and hold, cross right foot in front of left and hold shifting weight
5-8 Point left foot to left side and hold, cross left foot in front of right and hold shifting weight

(SCISSOR WEAVE) RIGHT SCISSOR, LEFT SCISSOR WEAVE

1-2 Step right foot to right side, step left beside right foot
3-4 Cross right foot over left, step left foot beside right
5-6 Step right foot to right side, cross left foot over right
7-8 Step right foot and point to right side, and hold

RIGHT AND LEFT TOE TAPS WITH COASTER STEP, ¼ TURN RIGHT

1-4 Tap right toe in front and hold, tap toe to side and hold
5-8 Step backwards on right, step left beside right, step forward on right and hold

1-2 Tap left toe in front and hold, tap toe to side and hold
5-8& Step backwards on left, step right beside left, step forward on left and hold. (& turn right)

JAZZ BOX

1-4 Step right foot forward and hold, cross left foot in front of right and hold
5-8 Step right foot back and hold, step left foot beside right and hold

REPEAT

ENDING

You will be at your 9:00 wall. After the grapevine with the hitch you will point and cross with your right foot, but rather than point cross with your left foot you will substitute a coaster step with a ¼ turn to your right putting you back at the 12:00 wall