Playing With Fire

級數: Intermediate

編舞者: Caroline Robson (UK)

音樂: Cold Hearted - Clay Walker

CROSS TOUCHES AND UNWIND

拍數: 64

- 1-2 Right cross behind left, left touch to left side
- 3-4 Left cross behind right, right touch to right side
- 5-6 Right cross behind left, unwind left/2 turn to right
- 7-8 Left cross behind right, right touch to right side

CROSS TOUCHES AND UNWIND, MODIFIED HEEL JACKS TWICE

- 1-2 Right cross behind left, left touch to left side
- 3-4 Left cross behind right, unwind left/2 turn left
- &5&6 Left foot back and right heel forward -right heel back and left together
- &7&8 Right foot back and left heel forward -left heel back and right together

MASHED POTATO STEPS, STAMPS AND APPLEJACKS

- 1-4 Mashed potato steps-walking back, right, left, right, left, turning heels in and toes out as you step back. Can be done as a straight step back
- 5-6 Stamp right, stamp left
- 7-8 Applejacks- weight on left toe and right heel, swing heels together toes apart then back together -weight on right toe and left heel, swing heels together toes apart then back together

CROSS UNWIND, STAMPS, APPLEJACKS, CROSS UNWIND

- 1-2 Cross right over left unwind, left/2 turn to left
- 3-4 Stamp right, stamp left
- 5-6 Applejacks -weight on left toe and right heel, swing heels together toes apart then back together -weight on right toe and left heel, swing heels together toes apart then back together
- 7-8 Cross right over left, left/2 turn to left

JUMP BACK, KNEE ROLLS, HIP CIRCLE

- &1-2 Jump back right, left and hold for one count
- 3-4 Roll left knee from center towards left and back to center
- 5-6 Roll right knee from center towards right and back to center
- 7-8 Roll hips in circle to the left

HIP CIRCLE AND WALK WITH HIP BUMPS

- 1-2 Roll hips in circle to the left
- 3&4 Step right forward with two hip bumps to the right 5&6 step left forward with two hip bumps to the left
- 7&8 Step right forward with two hip bumps to the right

WALK WITH HIP BUMPS, BACK RIGHT SHUFFLE, ROCK STEP, FORWARD LEFT SHUFFLE

- 1&2 Step left forward with two hip bumps to the left
- 3&4 Step back right bring left together, step back right
- 5-6 Step back left taking weight onto left foot, recover weight forward onto right foot
- 7&8 Step forward left bring right together, step forward left

HITCH AND BACK, HITCH AND BACK WITH QUARTER TURN, SWEEP HALF TURN, SAILOR STEP

- 1&2 Hitch right, replace right and touch left back
- 3&4 Left hitch with ¼ turn to left, replace left and touch right back





牆數:4

5-6On ball of left foot, sweep right foot round ½ turn left ending with weight on right foot7&8Cross left behind right, step right foot to right side, step left together (slightly forward)

REPEAT