

Play With Me

拍數: 32 牆數: 2 級數: Improver
編舞者: Pete Selwood (UK)
音樂: Play - Jennifer Lopez



WALK, WALK, HIP BUMPS TWICE

1-2 Step forward on right foot, step forward on left
3&4& Step forward on right bumping hips right, left, right, left (weight finishes on left)
5-6 Step forward on right foot, step forward on left
7&8& Step forward on right bumping hips right, left, right, left (weight finishes on left)

STOMP, SLOW ½ TURN WITH TAPS, KICK-BALL-STEP, BODY ROLL

9-12 Stomp forward on right, pivot ½ turn over left shoulder
Tapping left heel down three times while turning, click fingers, weight remains on right
13&14 Kick left foot forward, step left next to right, step right forward
15-16 Step forward on left foot, body roll forward (weight finishes on left)

CROSS, UNWIND ½ LEFT, SLIDES BACK, REVERSE ½ PIVOT LEFT, FORWARD SKATES

17-18 Cross right foot over left, unwind ½ turn left (weight finishes on right)
19-20 Slide and step left foot back, slide and step right foot back
21-22 Slide left foot back, reverse pivot ½ left (weight finishes on left)
23-24 Skate step right foot forward, skate step left foot forward

SIDE LUNGES RIGHT & LEFT, HEEL & TOE SWITCHES

25-26 Lunge step right foot to right, drag left to right and touch (click or clap)
27-28 Lunge step left foot to left, drag right to left and touch (click or clap)
29&30& Touch right heel forward, step right next to left, touch left heel forward, step left next to right
31&32& Touch right toe right, step right next to left, touch left toe left, step left next to right

REPEAT
