Play Me Songs (PMS)



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Carole Daugherty (USA)

音樂: Real Bad Mood - The Marie Sisters



KICK, TOE BACK, ½ TURN LEFT, RIGHT KICK & LEFT LUNGE, LEFT KICK & RIGHT CROSS, 360 LEFT TWIST TURN

1&2 Kick left foot forward, touch toes of left foot back, roll onto left foot turning back ½ left 3&4& Kick right foot forward, step right foot home, press left toes out to left side with toe turned in,

lunge left rolling left knee out

Kick left foot forward, step left foot home, cross right foot over left

7&8 On balls of both feet twist to unwind a full turn left

WEAVE RIGHT, RIGHT ROCK & CROSS, LEFT ROCK & CROSS, POINT 1/4 RIGHT & LEFT TOE BACK

Step right foot right, step left foot behind right foot, step right foot right

&3&4 Step left foot over right, rock right foot right, step back on left, cross right foot over left

5&6 Rock left foot out left, step on right, cross left foot over right foot

7&8 Point right toes to right side making ¼ turn right, step right foot home, roll while pointing left

toes back

LEFT KICK, CROSS, STEP, STEP, RIGHT KICK, CROSS, STEP, STEP, WALK LEFT, RIGHT BACK, LEFT 1/2 TURN SAILOR STEP

1&2& Kick left foot forward, cross left over right foot, step out right on right foot, step out on left
 3&4& Kick right foot forward, cross right over left, step out left on left foot, step out on right foot
 5-6 Walk forward on left turning toes out left, step back on right foot making ½ turn left
 7&8 Swing left foot behind right turning ½ left, step together with right, step forward on left

KICK & POINT, TOUCH & TWIST, MODIFIED LEFT SKATE, FULL TRIPLE TURN RIGHT

1&2 Kick right foot to right side, step home on right foot, point left toes out left

&3&4 Touch left toes next to right twisting knees right, twist left, roll hips taking weight right

5&6 Skate forward with left foot, skate right next to left, skate forward with left foot

7&8 Turn back ½ right on right foot, step in place on left foot, turn back ½ right on right foot

REPEAT

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5&6

After completing 1st wall, facing 9:00, repeat the last 4 counts of dance again

5&6 Left triple skate 7&8 Right triple full turn)

RESTART

During the 4th repetition, facing 12:00, drop the last 12 counts. Complete counts 1-20&, finish the kick-cross-step-step pattern with left then right. Simply restart from beginning of dance. (musical cue: instrumentals then restart with vocals)

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Finish the 6th repetition facing 6:00, with counts 29&30, (left skates) drop the last 2 counts, 31&32 (full turn triple). Begin 7th repetition with

1 Step back slightly on right

& Left toe points back
Turn back ½ on left

This restarts the dance again. (musical cue: crashing glass)

