

Planet Rock

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Maureen Ash
音樂: Rock This Planet - Billy Ray Cyrus



STEP TOUCH FORWARD, BALL CHANGE AND POINT

- 1-2 Step forward left, point right to side, click fingers to right
- 3-4 Step forward right, point left to side, click fingers to left
- 5-6 Step forward left, point right to side, click fingers to right & step backward on ball of right foot
- 7& Step left across in front of right, step right back toward right diagonal
- 8 Point left toe to left side

ROLLING VINE LEFT full turn, BALL CHANGE, STEP, BALL CHANGE TRAVELING LEFT

- 1-2-3-4 Rolling vine left turning full turn left, right, left, touch right together
- &5 Step back on ball of left foot, step right foot across in front of left
- 6-7 Step left to the side, step right behind left
- &8 Step back on ball of left foot, step right foot across in front of left

TRAVEL DIAGONALLY BACKWARDS TURNING ½ turn RIGHT, KICK AND CLAP, BALL CHANGE, KICK AND CLAP

- 1-2-3-4 Step diagonally backwards on left foot, turn ½ turn right stepping forward right left, right
- 5 Left
- 6&7 Kick right forward and clap - ball change right, left
- 8 Kick right forward and clap

SHUFFLE FORWARD, STEP FORWARD PIVOT ½ TURN

- 1&2 Shuffle forward still diagonal: right, left, right
- 3-4 Step left forward, pivot ½ turn right (still facing diagonal, weight on right)

SHUFFLE FORWARD, STEP FORWARD PIVOT ½ plus 1/8 TURN

- 5&6 Shuffle forward, still on the diagonal left, right, left
- 7-8 Step right forward, pivot ½ plus 1/8 turn left, you are now facing ¼ turn right from start (weight on left)

STEP SIDE, TOUCH BEHIND, STEP SIDE, TOUCH ACROSS IN FRONT

- 1&2 Step right to side, touch left toe behind right
- 3-4 Step left to side, touch right toe across in front of left (weight on left)

ROLLING FULL RIGHT TURN, TOUCH AND CLAP

- 5-8 Roll vine right full turn right, left right, touch left together and clap (weight on right)

SIDE, ROCK, TOUCH TOGETHER AND CLAP; SIDE, ROCK, TOUCH TOGETHER AND CLAP

- &1 Step left to left side, rock to right on right foot
- 2 Touch left together and clap (weight on right) (left ball change)
- &3 Step left to left side, rock to right on right foot
- 4 Touch left together and clap (weight on right) (left ball change)

VINE LEFT WITH STEP IN FRONT

- 5-8 Vine left: step left to left side, step right behind, step left to left side, step right in front (weight on right)

REPEAT

