

Plane Sailing

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Jules Langstaff (UK)
音樂: Flawless - George Michael



SIDE SWITCHES, & HEEL, & TOUCH, & FORWARD SHUFFLE, FORWARD ROCK

- 1&2& Touch right toes to right side, close right beside left, touch left toes to left side, close left beside right
3&4 Touch right heel forward, close right beside left, touch left beside right
5&6 Step forward left, close right beside left, step forward left
7-8 Rock forward on right, recover weight onto left

¼ TURN RIGHT, RIGHT CHASSE, HEEL JACK, CROSS UNWIND ½ TURN LEFT, STEP OUT, OUT, IN, IN

- 1&2 ¼ turn right stepping right to right side, close left beside right, step right to right side
3&4 Cross left over right, step slightly back on right, touch left heel diagonally forward left
&5-6 Step left beside right, cross right in front of left, unwind ½ turn left (weight on left)
&7&8 Step right out to right side, step left out to left side, step in right, step left beside right

SIDE STRUT, CROSS STRUT, FUNKY HIP BUMPS

- 1-2 Step right toes to right side, drop right heel taking weight
3-4 Cross left toes over right, drop left heel taking weight
5&6& Touch right toes diagonally forward bumping right hip diagonally forward right & up, bump left hip diagonally back left & down, bump right hip diagonally back right and down, bump left hip diagonally forward left & up
7&8& Repeat counts 5&6& (weight remains on left foot throughout hip bumps)

SIDE STRUT, CROSS STRUT, FUNKY HIP BUMPS

- 1-8 Repeat counts 1-8& of section 3

¼ TURN LEFT STEP BACK, HEEL, HOLD, STEP, TOUCH, HOLD & STEP, LOCK, STEP, LOCK, STEP, LOCK

- &1-2 ¼ turn left stepping back on right, touch left heel forward, hold
&3-4 Step left beside right, touch right beside left, hold
&5-6 Step slightly back on right, step left forward, lock right behind left
7&8& Step left forward, lock right behind left, step left forward, lock right behind left

CROSS STEP, HOLD OUT, OUT, HOLD JAZZ BOX ¼ TURN RIGHT

- 1-2 Cross left over right, hold
&3-4 Step right tot right side slightly back, step left to left side, hold
5-6 Cross right over left, step slightly back on left
7-8 ¼ turn right stepping right to right side, close left beside right

RIGHT CHASSE, BACK ROCK, LEFT CHASSE, BACK ROCK ¼ TURN RIGHT

- 1&2 Step right to right side, close left beside right, step right to right
3-4 Rock back onto left, recover weight onto right
5&6 Step left to left side, close right beside left, step left to left side
7-8 ¼ turn right rocking back onto right, recover weight forward onto left

STEP, STEP PIVOT ½ RIGHT, STEP, BACK STEP ½ TURN LEFT, SHUFFLE ½ TURN LEFT, TOUCH

- 1-3 Step forward right, step forward left, ½ pivot turn over right (wgt on right)
4-5 Step forward on left, ½ turn left stepping back right
6&7 ½ turn left step forward left, close right beside left, step forward left (toward 6:00)

8

Touch right beside left

REPEAT

ENDING

Complete dance 8 times on 9th wall $\frac{1}{2}$ turn right during steps 45-48 to finish facing front
