

Plain Spanish

拍數: 32 牆數: 4 級數: Improver
編舞者: Mark Caley (UK) & Jan Caley (UK)
音樂: Spanish Eyes - Plain Loco



RIGHT SIDE SHUFFLE, ROCK, REPEAT TO LEFT

1&2 Side shuffle right (right, left, right)
3-4 Cross left over right, rock back on to right
5&6 Side shuffle left (left, right, left)
7-8 Rock right back behind left, recover weight on left

SIDE, TOGETHER, SHUFFLE ¼ TURN RIGHT, PIVOT ½ RIGHT, LEFT SHUFFLE FORWARD

9-10 Right step to side, close left beside right
11&12 Step right to side, close left beside right, step right quarter turn right
13-14 Step forward on left, pivot ½ turn right
15&16 Left shuffle forward left, right, left

RIGHT STEP FORWARD MAKING ½ TURN LEFT, ROCK BACK ON LEFT, ROCK FORWARD ON RIGHT, WALK FORWARD LEFT, RIGHT OR(FULL TURN RIGHT), LEFT SHUFFLE FORWARD, STEP FORWARD DIAGONALLY ON RIGHT

17-18 Step forward on right as you make ½ turn left, rock back on left
19 Rock forward on right
20-21 Walk forward left, right

Option 20-21: step forward on left making ½ turn right, step forward on right making ½ turn right

22&23 Left shuffle forward left, right, left
24 Step forward on right (to right diagonal)

CROSS ROCK, LEFT SIDE SHUFFLE, CROSS ROCK, RECOVER, REPEAT

25-26 Cross rock left over right, recover weight on right
27&28 Side shuffle left (left, right, left)
29-30 Cross right over left, recover weight to left
31-32 Cross right over left, recover weight to left

On counts 29-32 use your hips as you rock and change weight between right and left

REPEAT