

Pizziricco

拍數: 64 牆數: 2 級數: Intermediate/Advanced
編舞者: Gene Morrill (USA)
音樂: Pizziricco - The Mavericks



WALKING HIP BUMPS FORWARD RIGHT LEFT RIGHT LEFT

1&2 Step forward on right, bump hips forward, bump hips back, bump hips forward
3&4 Step forward on left, bump hips forward, bump hips back, bump hips forward
5&6 Repeat 1&2
7&8 Repeat 3&4

4 MINI PIVOT TURNS 1/8 (COMPLETE 1/2 TURN)

1-8 Touch right toe forward, pivot 1/8 turn to left weight stays on left, repeat pivots 3x completing 1/2 turn (weight left)

DWIGHT'S HEEL TOE SWIVELS, & JUMP TOUCH, HOLD & JUMP TOUCH HOLD

1 Weight on left ball, swivel left heel to right (weight to left heel) touch right toe next to left
2 Weight on left heel, swivel left toe to right (weight to left ball) touch right heel next to left
3-4 Repeat 1&2
&5-6 Jump to right, weight to left hold
&7-8 Jump to right touch left next to right, hold

4 SHUFFLES, FORWARD, SIDE, SIDE, 1/2 TURN

1&2 Forward shuffle left, right, left
3&4 Shuffle to right side right, left, right
5&6 Shuffle to left side left, right, left
7&8 Shuffle back right left right as you do a 1/2 turn to right

FUNKY VINE LEFT & RIGHT

1-2& Step left to left, cross right behind, step left to left
3-4 Step right to right (out, out) weight to right, slide left up to right, weight goes to left
5-6&7-8 Repeat 1-2&3-4 to right

WALK, WALK, WALK, TOUCH, WITH 1/4, WALK, WALK, WALK, TOUCH WITH 1/4

1-4 Walk left, walk right, walk left, as you turn 1/4 turn to left touch right toe back
5-8 Walk right, walk left, walk right, turn 1/4 turn to left touch left toe back

SAILOR SHUFFLES, FORWARD & BACK ROCK, STEP & HOLD

1&2 Step left behind right, step right to right, step left slightly to left
3&4 Step right behind left, step left to left, step right slightly to right
5-8 Rock forward on left, return on right, stomp left next to right hold

HIP BUMPS RIGHT TWICE, LEFT TWICE, HIPS RIGHT LEFT RIGHT LEFT

1-4 Bump hips to the right twice, bumps hips to left twice
5-6 Bump hips right left
7-8 Bump hips right left

Optional: on last two counts grind hips from right to left

REPEAT