The Pitchfork



拍數: 48 牆數: 4 級數: Intermediate

編舞者: Mama Joan (USA)

音樂: I'm from the Country - Tracy Byrd



This dance took first place in Country Line Dance at Tarheel Dance Classic 2001. It was created for Joanne Brady's dancing friends from Delaware: Eileen, Eleanor, Jan, and Joan who visited the south to learn some new line dances. It is dedicated to these "Delaware Dancing Dolls."

With weight on left foot begin after 16 count introduction

STEP-SLIDE TWICE FORWARD RIGHT AT A DIAGONAL, STEP-SLIDE TWICE FORWARD LEFT AT A DIAGONAL

1	Moving forward on a right diagonal, step forward on right foot
2	Slide left foot behind right so heel of right touches instep of left, rolling weight back on left

3-4 Repeat step 1, slide and touch left foot behind right as in step 2 but do not put weight on left

foot

5 Moving forward on a left diagonal, step forward on left foot

Slide right foot behind left so heel of left touches instep of right, rolling weight back on right
Repeat step 5, slide and touch right foot behind left as in step 6 but do not put weight on right

RIGHT BACK SHUFFLE, ½ TURN, FORWARD LEFT SHUFFLE, ½ TURN-TURNING SHUFFLE, STEP, TOUCH

1&2	Step back on right foot, step left foot back beside right, step back on right and start turning to

the left on ball of right

Finish ½ turn stepping forward on left, step right beside left, step forward on left

Step forward on right turning to the left, step left beside right continuing turn, and finish turn

stepping back on right

7-8 Step back on left, touch right beside left

RIGHT FULL TURNING VINE WITH TOUCH, LEFT VINE WITH SCUFF

1-2	Step and face right as you turn ¼ of the turn, bring left foot around and step beside right as
	you turn another ¼ turn
3-4	Spin ½ turn on ball of left foot stepping right foot to right side, touch left toe beside right

5-6 Step left foot to left side, step right foot behind left

7-8 Step left foot to left side at a diagonal, scuff right foot forward and up at a diagonal past left

foot

8 COUNT VAUDEVILLE

1-2	Turning right foot to the opposite diagonal, step right foot down in front of left foot; step left foot to left side
3-4	Touch right heel forward with foot at a diagonal to the right, step right foot back beside left
5-6	Step left foot in front of right turned at a diagonal to the left, step right foot beside left
7-8	Touch left heel forward at a diagonal, step back on left foot

1/4 TURN PIVOT 1/4 TURN PIVOT RIGHT KICK-BALL-CHANGE TWICE

2 TURN PIVOT, 2 TURN PIVOT, RIGHT KICK-BALL-CHANGE TWICE		
1-2	Step forward on right foot, turn ½ turn to the left on ball of right foot shifting weight to the left foot	
3-4	Step forward on right foot, turn ¼ turn to the left on ball of right foot shifting weight to the left foot	
5&6	Kick forward with the right foot, step back quickly on to ball of right foot, step or change weight to left foot	
7&8	Kick forward with the right foot, step back quickly on to ball of right foot, step or change	

weight to left foot

RIGHT BACK CIRCLE VINE. STEP SCUFF TWICE

1-2 Step right foot to right side (beginning circle), step left foot back sweeping it toward and back past the right foot Step right foot back past the left foot and slightly behind, step left foot to left side 3-4 5-6 Step forward on right with foot at slight angle to the right, scuff left foot up and past right foot Step down on left with foot at right angle, scuff right foot up and past left foot (ready for count 7-8

1)

REPEAT

There are 8 full walls of dance music. On the 9th wall the music begins to fade in the last 8 counts allowing for 24 counts of dance. Count 24 (see third set on step sheet) is a right foot scuff. Continue with step scuffs to the left (or off the floor) until music has completely faded away

THE PITCHFORK STEP

Substitute for first 8 counts at beginning of all side walls.

FORWARD ANGLED RIGHT STEP, HOLD, ANGLED LEFT STEP, HOLD, (WITH PITCHFORK) TWICE

- Hitch right foot at a diagonal toward the right as you bring hands in front of body about waist 1-2 high bending elbows (as if holding a pitchfork) and step down on right foot (slightly forward and to the right) pushing hands toward floor or in front of right foot (1), hold (2) 3-4 Continue hand position as you bring hands up - left hand should be in front of right shoulder, right hand should be slightly above and out from right shoulder as if you were pitching hav behind you - as you touch the left foot behind the right foot (3), hold (4) 5-6 Hitch left foot at a diagonal toward the left as you bring hands down in front of body (again as if holding a pitchfork), and step down on left foot (slightly forward and to the left) pushing hands toward floor or in front of left foot (5), hold (6) 7-8 Continue hand position as you bring hands up - right hand should be in front of left shoulder, left hand should be slightly above and out from left shoulder as if you were pitching hay

 - behind you as you touch the right foot behind the left foot (7), hold (8)