

Pitch Black

拍數: 32 牆數: 2 級數: Intermediate/Advanced
編舞者: Paul Richardson (USA)
音樂: All for You - Janet Jackson



POINT, STEP WITH ¼, PIVOT ½ STEP, PIVOT ½ STEP, SHUFFLE FULL TURN

- 1-2 Point right toe out to right side, step down on right foot making ¼ turn right (styling- turn head to right side on count 1 as you point toe)
- 3&4 Step left foot forward, make ½ turn right stepping right in place, step left foot forward
- 5&6 Step right foot forward, make ½ turn left stepping left in place, step right foot forward
- 7&8 Step forward left making ¼ turn right, continue turning ¾ with right foot, finish full turn stepping forward with right foot

STEP ¼ CROSS, EXTENDED WEAVE RIGHT, WEAVE LEFT, JUMP OUT

- 1&2 Step right foot forward, make ¼ turn left stepping left in place, cross right foot over left
- &3&4 Step left foot to left side, cross right foot behind, step left foot to left side, cross right foot in front
- 5&6 Rock left foot out to left side, recover weight to right foot, cross left foot over right
- &7&8 Step right foot to right side, step left foot behind, jump with right foot out to right side, jump with left foot out to left side

KNEE IN, KNEE OUT WITH ¼ TURN, ¼ TURN WITH CROSS, SIDE, TOUCH BEHIND, BACKWARDS SAILOR TURNING ¾

- 1-2 On ball of foot roll left knee inward toward right, on ball of foot roll left knee outward making ¼ turn right (weight on left foot) (styling- move head to follow knee, to left on count 1 and right on count 2; also on count 2, thrust hips outward leaning upper body backwards)
- 3&4 Step left foot forward, step right foot in place making ¼ turn right, cross left foot in front
- &5-6 Step right foot to right side, touch left toe behind right foot, step left foot to left side (styling- fling head back to the left and bend slightly at the knees on count 5 as you touch right foot behind; also on count 5 move arms out to side while snapping fingers)
- 7&8 Step right foot behind left, step back with left foot making ¼ turn right, step right foot forward while making a ½ turn to the right

ROCK RECOVER WITH ¼ TURN, ROCK RECOVER WITH ½ TURN, POINT-HITCH TURNS MOVING ½, STEP RECOVER ½ TURN

- 1&2 Rock left foot forward, recover weight to right foot, step left foot to left side making ¼ turn left
- 3&4 Rock right foot forward and slightly across left, recover weight to left foot, step right foot forward making ½ turn right
- 5&6 Point left toe forward, hitch left knee while making ¼ turn right, point left toe to left side making ¼ turn right (styling- move shoulders on all counts, left shoulder up on count 7, right shoulder up while left knee is hitched, left shoulder up on count 8)
- 7&8 Cross left foot over right, step back on right foot making ¼ turn left, make ¼ turn left stepping left next to right (styling- stand on balls of feet on counts &8 as you turn to end with both feet directly next to each other at the finish)

REPEAT