

# Pinehurst Pretzel (P)

**COPPER KNOB**  
STEPPED SHEETS

拍數: 32      牆數: 0      級數: Partner  
編舞者: Phil Freedenberg (USA) & Ellen Freedenberg (USA)  
音樂: Kookaburra Blues - The Bellamy Brothers



**Position: Side by side, facing LOD, lady on man's right, man's right hand holding lady's left hand**

## **WALK, WALK, SHUFFLE (LADY TURNS), WALK, WALK, TURNING SHUFFLE**

**At the end of count 4, the man is facing LOD and the lady is facing RLOD. Partners join both hands until pretzel turns are complete (count 26)**

- 1-2      **MAN:** Walk forward (left, right)  
          **LADY:** Walk forward (right, left)
- 3&4      **MAN:** Shuffle left, right, left  
          **LADY:** Shuffle right, left, right, turning ½ left to face man
- 5-6      **MAN:** Walk forward (right, left)  
          **LADY:** Walk backward (left, right)
- 7&8      **MAN:** Shuffle right, left, right, turning ½ left (now facing RLOD)  
          **LADY:** Shuffle left, right, left, turning ½ left (now facing LOD)

## **PRETZEL TURNS - SHUFFLE (MAN TURNS), SHUFFLE (LADY TURNS), TURNING SHUFFLE, SHUFFLE**

- 9&10      **MAN:** Shuffle left, right, left, turning ½ left (now facing LOD)  
          **LADY:** Shuffle right, left, right
- 11&12      **MAN:** Shuffle right, left, right  
          **LADY:** Shuffle left, right, left, turning ½ right (now facing RLOD)
- 13&14      **MAN:** Shuffle left, right, left, turning ½ right (now facing RLOD)  
          **LADY:** Shuffle back right, left, right, turning ½ right (now facing LOD)
- 15&16      **MAN:** Shuffle back right, left, right  
          **LADY:** Shuffle left, right, left

## **PRETZEL TURNS - SHUFFLE (MAN TURNS), SHUFFLE (MAN TURNS), SHUFFLE (MAN TURNS), SHUFFLE (LADY TURNS)**

- 17&18      **MAN:** Shuffle back left, right, left, turning ½ left (now facing LOD)  
          **LADY:** Shuffle right, left, right
- 19&20      **MAN:** Shuffle right, left, right, turning ½ left (now facing RLOD)  
          **LADY:** Shuffle left, right, left
- 21&22      **MAN:** Shuffle back left, right, left, turning ½ left (now facing LOD)  
          **LADY:** Shuffle right, left, right
- 23&24      **MAN:** Shuffle right, left, right  
          **LADY:** Shuffle left, right, left, turning ½ right (now facing RLOD)

## **TURNING SHUFFLE, SHUFFLE (MAN TURNS), SIDE SHUFFLE, SHUFFLE**

- 25&26      **MAN:** Shuffle left, right, left, turning ½ right (now facing RLOD)  
          **LADY:** Shuffle back right, left, right, turning ½ right (now facing LOD)
- 27&28      **MAN:** Shuffle back right, left, right, turning ½ right (now facing LOD)  
          **LADY:** Shuffle left, right, left
- 29&30      **MAN:** Shuffle left, right, left, moving to the left, crossing behind the lady  
          **LADY:** Shuffle right, left, right, moving to the right, crossing in front of the man
- 31&32      **MAN:** Shuffle right, left, right  
          **LADY:** Shuffle left, right, left

**REPEAT**

## HAND & ARM MOVES

- 3&4 Join both hands
- 9&10 Man raise left hand & turn back under  $\frac{1}{2}$  left, his right hand goes behind his back
- 13&14 Man raise left hand over lady & drop left hand behind his back. Raise right hand over & in front of lady
- 17&18 Man raise right hand & turn back under  $\frac{1}{2}$  left
- 19&20 Man lower right hand behind his back
- 21&22 Man raise left hand & turn back under  $\frac{1}{2}$  left
- 25&26 Man release his left hand from lady's right hand on count 26
- 27&28 Man raise right hand & turn back under  $\frac{1}{2}$  right
- 29&30 Man lower his right & lady's left to side by side position
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