

Pina Co-Cha-Cha

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Jeannette Birch (USA) & Chuck Hagan
音樂: Two Pina Coladas - Garth Brooks



LINDY LEFT, LINDY RIGHT

1&2 Side shuffle left-right-left
3-4 Rock step back right, rock forward left
5&6 Side shuffle right-left-right
7-8 Rock back left, rock forward right

SHUFFLE LEFT, STEP RIGHT, ½ LEFT, SHUFFLE RIGHT, SHUFFLE LEFT

9&10 Shuffle forward left-right-left
11-12 Step forward right, pivot ½ turn left shifting weigh to left
13&14 Shuffle forward right-left-right
15&16 Shuffle forward left-right-left

STEP RIGHT, ¾ LEFT, SHUFFLE RIGHT, STEP LEFT, ½ RIGHT, SHUFFLE LEFT

17-18 Step forward right, pivot ¾ turn left shifting weigh to left
19&20 Shuffle forward right-left-right
21-22 Step forward left, pivot ½ turn right shifting weigh to right
23&24 Shuffle forward left-right-left

½ PIVOT LEFT/ROCK BACK RIGHT, RECOVER LEFT, SHUFFLE RIGHT

& Pivot ½ turn left on ball of left
25-26 Rock step back right, rock forward left
27&28 Shuffle forward right-left-right

½ PIVOT RIGHT/ROCK BACK LEFT, RECOVER RIGHT, ¼ RIGHT/STEP LEFT, TOGETHER RIGHT

& Pivot ½ turn right on ball of right
29-30 Rock step back left, rock forward right
31-32 Pivot right ¼ and step left, step right beside left

REPEAT
