

Pierced Heart

拍數: 64 牆數: 4 級數: Intermediate/Advanced
編舞者: Jon Levant (USA) & Gail Levant (USA)
音樂: Corazón Espinado - Santana



TURN ¼ RIGHT, TURN ¼ RIGHT, BACK-RECOVER-CLOSE, SIDE, TOGETHER, SIDE-RECOVER-CLOSE

- 1-2-3&4 Step right foot ¼ turn right, step left foot ¼ turn right, rock back on right foot, recover on left foot, step right foot next to left foot
- 5-6-7&8 Step left foot to left, step right foot next to left foot, rock left onto left foot, recover on right foot, step left foot next to right foot

TURN ¼ RIGHT, TURN ¼ RIGHT, BACK-RECOVER-CLOSE, SIDE, TOGETHER, SIDE-RECOVER-SIDE

- 1-8 Repeat counts 1-8 above

CROSS, UNWIND, TOUCH, TOUCH, BEHIND-SIDE-HEEL, STEP BACK, CROSS-ROCK, RECOVER

- 1-2-3-4 Cross right foot over left foot, unwind ½ turn left (weight left), cross-touch right toe over left foot, touch right toe out to right side
- 5&6&7-8 Cross right foot behind left foot, step left foot left, touch right heel diagonally forward right, step right foot back, cross rock left foot over right foot, recover on right foot

¼ TURN RIGHT, TOUCH, SAILOR STEP, SAILOR TURN ¼ LEFT, ROCK FORWARD, RECOVER

- 1-2-3&4 Step left foot back ¼ turn right, touch right toe out to right side, cross right foot behind left foot, step left foot to left, step right foot to right
- 5&6-7-8 Cross left foot behind right foot, step right foot ¼ turn left, step left foot to left, rock forward on right foot, recover on left foot

STEP BACK, ROCK FORWARD, RECOVER, TRIPLE TURN ¾ LEFT, ½ TURN LEFT, COASTER STEP, STEP FORWARD

- &1-2-3&4 Step back on right foot, rock forward on left foot, recover on right foot, triple turn in place left ¾ turn (left-right-left)
- 5-6&7-8 Step right foot forward into ½ turn left, step back on left foot, step right foot next to left foot, step left foot forward, step right foot forward

STEP FORWARD, SHUFFLE FORWARD, ROCK FORWARD, RECOVER, COASTER STEP, STEP FORWARD

- 1-2&3-4-5 Step left foot forward, shuffle forward (right-left-right), rock forward on left foot, recover on right foot
- 6&7-8 Step back on left foot, step right foot next to left foot, step left foot forward, step right foot forward

ROCK FORWARD, RECOVER, TRIPLE TURN ¾ LEFT, ½ TURN LEFT, COASTER STEP, STEP FORWARD

- 1-2-3&4 Rock forward on left foot, recover on right foot, triple turn in place left ¾ turn (left-right-left)
- 5-6&7-8 Step right foot forward ½ turn left, step back on left foot, step right foot next to left foot, step left foot forward, step right foot forward

STEP FORWARD, SHUFFLE FORWARD, ROCK FORWARD, RECOVER, SHUFFLE TURN ½ LEFT, LOW KICK FORWARD

- 1-2&3-4-5 Step left foot forward, shuffle forward (right-left-right), rock forward on left foot, recover on right foot,
- 6&7-8 Shuffle turn ½ left (left-right-left), low kick forward with right foot

REPEAT

Tag

When danced to Corazón Espinado there will be an 8-count tag which occurs once after completion of 3 rotations. You will be on the 6:00 wall. Do the tag before starting the 4th rotation

SIDE, TOGETHER, SIDE-TOGETHER-SIDE, SIDE, TOGETHER, SIDE-TOGETHER-SIDE

1-2-3&4 Step right foot right, step left foot next to right foot, step right foot right, step left foot next to right foot, step right foot right

5-6-7&8 Step left foot left, step right foot next to left foot, step left foot left, step right foot next to left foot, step left foot left
