

Pieces

拍數: 32 牆數: 4 級數: Improver
編舞者: Errol Colomb (UK)
音樂: I Fall to Pieces - LeAnn Rimes



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|-----|--|
| 1-2 | Cross left in front of right, step right to right side |
| 3&4 | Cross left in front of right, step right to right side, cross left in front of right |
| 5-6 | Step right to right side, step left to left side with ¼ turn left at the same time |
| 7&8 | Step right forward, lock left behind right, step right forward |
| | |
| 1-2 | Step left forward, rock back onto right |
| 3&4 | Step left back, cross step right over left, step left back, (backward lock step) |
| 5-6 | Rock step right forward, rock back on left |
| 7&8 | Step right back, step left beside right with ¼ turn left, step right forward (modified coaster step) |
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| 1&2 | Step left forward, step right beside left, step left forward |
| 3&4 | Step right forward, step left beside right, step right forward |
| 5-6 | Step left forward and pivot on balls of feet ½ turn right transfer weight to right |
| 7&8 | Step left forward, step right beside left, step left forward |
| | |
| 1-2 | Step right forward and on balls of feet make a ¼ turn left transfer weight to left |
| 3&4 | Kick right forward, step on ball of right beside left, step left beside right |
| 5&6 | Cross right in front of left, step left to left side, cross right in front of left |
| 7-8 | Step left to left side, rock over onto right transferring weight to right |

REPEAT

OPTIONAL VARIATION

On 2nd, 4th, 6th and 8th walls, instead of the forward shuffles on the third sequence 1&2, 3&4 make a full turn right
