

Picture Perfect

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Helen Born (USA) & Nita Lindley (USA)
音樂: Picture - Sheryl Crow & Kid Rock



RIGHT SHUFFLE BACK & HOLD, LEFT SHUFFLE BACK & HOLD

1&2-3-4 Shuffle back right, left, right, step left & hold (weight on right)
5&6-7-8 Shuffle back left, right, left, step right & hold (weight on left)

RIGHT TRIPLE ½ ROCK STEP, LEFT ½ TRIPLE ROCK STEP

1&2-3-4 Step back on right turning ½ right stepping right, left, right, rock forward on left, recover right
5&6-7-8 Step back on left turning ½ left, stepping left right left, rock forward on right, recover on left

RIGHT & LEFT SIDE TOUCHES

1-2-3-4 Right side touch together, left side touch together

MONTGOMERY ½ TURN, TOUCH

1-2 Touch right toe to right side, together
3-4 Turning right ½ turn, left toe left side & touch

HEEL JACK, HEEL JACK

&1&2 Step left foot slightly back, touch right heel forward, step right beside left, step left beside right
&3&4 Step right foot slightly back, touch left heel forward, step left, beside right, step right beside left

GRAPEVINE RIGHT ¼ TURN LEFT

1-2-3-4 Step right to right side, step left behind right, step right ¼ turn, step left beside right

REPEAT
