

Picture Book

拍數: 32 牆數: 4 級數: Improver
編舞者: Ron Kline (USA)
音樂: Picture Book - The Kinks



CROSS, SIDE, CROSS, HOLD, TWO TURNING TRIPLES (FULL TURN) TRAVELING RIGHT

- 1-4 Cross step left over right, step side right, cross step left over right, hold
5&6 Turning ¼ left step back right (9:00), step left together, step back right prepping heel right
(starting full turn traveling towards 3:00)
7&8 Turning ¼ left step side left (6:00), step right together, turning ¼ left step forward left
prepping toe left (3:00 and not quite finishing full turn)

Easy optional steps (no turns)

- 5&6 Step side right, step left next to right, step side right
7&8 Cross step left over right, step side right, cross step left over right

ROCK SIDE WITH TURN, RECOVER WITH TURN, STEP SIDE WITH TURN, TOUCH, STEP ¼ PIVOT, STEP ¼ PIVOT

- 1-2 Turning ¼ left rock side right (finishing full turn and facing 12:00) (using the easy optional
steps, simply rock side right), turning ¼ left step forward left 9:00)
3-4 Turning ¼ left step wide side right (6:00), touch left slightly back (snap fingers or clap)

Seems like a lot of turns here, but very simple (a total of 1 ½ turns)

- 5-6 Step forward left, pivoting ¼ right shift weight right (9:00)
7-8 Step forward left, pivoting ¼ right shift weight right (12:00)

ROCK STEP, TRIPLE BACK, ROCK STEP, TRIPLE FORWARD

- 1-2 Rock forward left, recover weight right
3&4 Triple back left, right, left
5-6 Rock back right, recover weight left
7&8 Triple forward right, left, right

STEP, ½ TURN, STEP SIDE WITH ¼ TURN, WEAWE LEFT, STEP SIDE, STEP TOGETHER

- 1-2 Step forward left, turn ½ right shifting weight right
3-4 Turning another ¼ right step side left (9:00), cross step right behind left
5-6 Step side left, cross step right over left
7-8 Step side left, step right next to left (clap)

REPEAT
