

Picture

拍數: 48 牆數: 2 級數: Improver
編舞者: Moses Bourassa Jr. (USA)
音樂: Picture - Sheryl Crow & Kid Rock



SIDE ROCK, CROSS SHUFFLE, ¼ STEP TURNS

1-2 Rock to the right side, recover onto left
3&4 Cross step right over left, step left to left, cross right over left
5-6 Step back on left making a ¼ turn to the right, step right making a ¼ turn to the right
7&8 Cross step left over right, step right to right, cross left over right

STEP HOLD, BEHIND HOLD, ¼ TURN HOLD, STEP TOUCH

1-2 Step right to right, hold
3-4 Step left behind right, hold
5-6 Step right making a ¼ turn to the left, hold
7-8 Step back on left and touch right

¼ TURN, ¼ TURN, BACK LOCK STEP

1-2 Step right forward making ¼ turn to the right, step left making ¼ turn to the right
3&4 Step right back, lock left over right, step right back
5&6 Step left back, lock right over left, step left back
&7 Jump apart (right, left)
&8 Jump together (right, left)

CROSS STRUT, SIDE ROCK, SAILOR CROSS, SIDE ROCK

1-2 Cross touch right over left, drop heels down
3-4 Rock left to left side, recover on right (swaying hips)
5&6 Cross left behind right, step right to right, cross left behind right
7-8 Rock right to right side, recover left

¼ ROCK TURN, ¼ TURN, SAILOR SHUFFLE, MONTEREY TURN

1-2 Rock forward on right making a ¼ turn to the left, make a ¼ turn to the left recovering on left
3&4 Step right behind left, step left to left side, step right to right side
5-6 Step left behind right, point right to right side
7-8 Make a ½ turn to the right on left, and step together on left

½ STEP TURN, COASTER STEP, ½ STEP TURN, ½ CROSS SHUFFLE

1-2 Step forward on right, make ½ turn to the left on left
3&4 Step back on right step back on left, step forward on right
5-6 Step forward on left, make ½ turn to the left on right
7&8 Step left making a ¼ turn to the right, step right making ¼ turn to the right, cross left over right.

REPEAT
