

Picture

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Jodie & Katie
音樂: Picture - Sheryl Crow & Kid Rock



SIDE ROCK, KICK BALL CHANGE, CROSS SHUFFLE, ¼ ROCK STEP

1-2 Rock right to right side, recover onto left
3&4 Kick right slightly over left, step right beside left, step on left in place
5&6 Cross step right over left, step left to left, cross step right over left
7-8 Rock left to left, recover onto right turning ¼ right

¼ ROCK STEP, KICK BALL CHANGE, CROSS SHUFFLE, SIDE ROCK

1-2 Rock on left ¼ right, recover onto right
3&4 Kick left slightly over right, step left beside right, step on right in place
5&6 Cross step left over right, step right to right side, cross step left over right
7-8 Rock right to right side, recover onto left

BEHIND HOLD & CROSS HOLD, STEP TOUCH, ¼ KICK, STEP, TOUCH BACK

1-2 Cross step right behind left, hold for one count
&3-4 Step left to left, cross step right over left, hold for one count
&5-6 Step left to left, touch right beside left, kick right forward turning ¼ right
7-8 Step right back, touch left toe diagonally back left

¼ TURN, ¼ TURN, BACK LOCK STEP, CROSS UNWIND, JUMP OUT & IN

1-2 Step left forward turning ¼ left, step right back turning ¼ left
3&4 Step left back, lock right over left, step back left
5-6 Cross step right behind left, unwind ½ turn right. (weight on left)
&7 Jump apart (right, left)
&8 Jump together (right, left)

CROSS STRUT, SIDE ROCK, BEHIND STEP CROSS, SIDE ROCK

1-2 Cross touch right over left, drop right heel down - click fingers
3-4 Rock left to left side, recover onto right - swaying hips
5&6 Cross left behind right, step to right to right, cross step left over right
7-8 Rock right to right side, recover onto left foot

CROSS STRUT, SIDE ROCK, BEHIND STEP CROSS, SIDE ROCK

1-2 Cross touch right over left, drop right heel down - click fingers
3-4 Rock left to left side, recover onto right - swaying hips
5&6 Cross step left behind right, step right to right, cross step left over right
7-8 Rock right to right side, recover onto left foot

¼ TURN ROCK STEP, CROSS ROCK, SIDE ROCK, SAILOR STEP, CROSS BEHIND, SIDE TOUCH

1-2 Rock forward on right turning ¼ left, rock left to left side
3-4 Cross rock right over left, recover onto left
5-6 Rock right to right side, recover onto left
7&8 Step right behind left, step left to left side, step right to right side

CROSS BEHIND, SIDE TOUCH, 2 X ½ TURN LEFT, COASTER STEP, CROSS SHUFFLE

1-2 Cross step left behind right, touch right toe to right side
3-4 Step on right turning ½ turn right, step on left turning ½ turn right

Steps 3-4 are turning right, but traveling to left side

5&6 Step back right, step left beside right, step forward right

Steps 5&6 should be facing diagonally right for more styling

7&8 Cross step left over right, step right to right side, cross step left over right

REPEAT
