# The Picnic Polka (L/P)



拍數: 48 牆數: 4 級數: Line / Partner dance

編舞者: David Paden (USA)

音樂: Cowboy's Sweetheart - LeAnn Rimes



Position: When danced as a partner dance, start in Side-By-Side Position

# RIGHT TOE/HEEL, CHA-CHA-CHA

1 Touch right toe to left instep 2 Touch right heel to left instep 3&4 Shuffle in place right-left-right

#### LEFT TOE/HEEL, CHA, CHA, CHA

5 Touch left toe to right instep 6 Touch left heel to right instep 7&8 Shuffle in place left-right-left

#### SHUFFLE FORWARD AND BACK

1&2 Shuffle forward right-left-right 3&4 Shuffle forward left-right-left 5&6 Shuffle backward right-left-right 7&8 Shuffle backward left-right-left

#### **VINES & STOMPS**

4

1-4 Rolling vine to right, stomp and clap on count 4 5-8 Rolling vine to left, stomp and clap on count 8

# When danced as a partner dance, change that to

MAN: Man vines right

LADY: Lady rolls left BOTH: Stomp and clap 5-7 MAN: Man vines left

LADY: Lady rolls right 8 BOTH: Stomp and clap

## TWO RIGHT KICK-BALL-CHANGES/TWO ½ TURN PIVOTS LEFT

1&-2 Right kick-ball-change 3&-4 Right kick-ball-change 5-6 ½ turn pivot to left 7-8 ½ turn pivot to left

## STOMP, CLAPS

1 Stomp right foot

2-4 Clap hands three times (keep weight on right foot)

## When danced as a partner dance, change that to

1 Stomp right foot, turn to face each other

2-4 Clap lady's right hand to man's, clap lady's left hand to man's, clap right hands and hold onto

it

#### **SHUFFLES**

5&6 Cross left foot over right and shuffle to right (left-right-left)

Turn 1/4 right and shuffle forward (right-left-right) 7&8 Turn 1/4 right and side shuffle to left (left-right-left) 1&2

3&4 Turn ¼ right and shuffle backwards (right-left-right)

## When danced as a partner dance, change that to

Lady begins shuffling around man while man shuffles slightly forward
Lady continues shuffling around man while man shuffles slightly forward
Lady continues shuffling around man while man shuffles slightly forward

3&4 LADY: Finish shuffling all the way around the man

MAN: Shuffle slightly forward and turn 1/4 left to face LOD

Now in Side-By-Side Position again

# WALK FORWARD WITH STOMP

5-7 Walk forward left-right-left8 Stomp right foot home

#### **REPEAT**