

Pick-Up Man

拍數: 48 牆數: 0 級數:
編舞者: Billy Jones (USA)
音樂: Pickup Man - Joe Diffie



HEEL AND TOE TOUCHES

- 1 Touch right heel forward
- 2 Step right foot next to left
- 3 Touch left toe back
- 4 Step left foot next to right
- 5-8 Repeat beats 1-4

RIGHT KICK-BALL CHANGES, STEP-TOUCHES FORWARD

- 9 Kick right foot forward
- & Step onto ball of right foot next to left foot
- 10 Shift weight onto left foot
- 11&12 Repeat beats 9&10
- 13 Step forward on right foot
- 14 Touch left toe to the left
- 15 Step forward on left foot
- 16 Touch right toe to the right

STEPS BACK, TOE TOUCHES, FORWARD SHUFFLE, ROCK STEPS

- 17 Step back on right foot
- 18 Touch left toe next to right foot
- 19 Step back on left foot
- 20 Touch right toe next to left foot
- 21&22 Shuffle forward (right-left-right)
- 23 Step forward on left foot
- 24 Rock back onto right foot

BACK SHUFFLE, ROCK STEPS, HEEL TOUCH, HEEL HOOK, MILITARY PIVOT TO THE LEFT

- 25&26 Shuffle backward (left-right-left)
- 27 Step back on right foot
- 28 Rock forward onto left foot
- 29 Touch right heel forward
- 30 Cross right foot in front of left shin
- 31 Step forward on right foot
- 32 Pivot ½ turn to the left on right foot and shift weight to left foot

VINE RIGHT, HITCH, VINE LEFT, HITCH

- 33 Step to the right on right foot
- 34 Cross left foot behind right and step
- 35 Step to the right on right foot
- 36 Hitch left knee
- 37 Step to the left on left foot
- 38 Cross right foot behind left and step
- 39 Step to the left on left foot
- 40 Hitch right knee

WALK BACK, HITCH, STEP-SLIDE FORWARD, STEP, TOUCH

- 41 Walk back on right foot
- 42 Walk back on left foot
- 43 Walk back on right foot
- 44 Hitch left knee
- 45 Step forward on left foot
- 46 Slide right foot up next to left and step
- 47 Step forward on left foot
- 48 Touch right toe next to left foot

REPEAT
