

拍數: 32 牆數: 4 級數: Intermediate west coast swing
編舞者: Janet Wilson (USA)
音樂: HeartBreak School - James Bonamy



KICKS, KNEE SWINGS

1& Kick right foot forward, step on right foot next to left
2-3-4 Keeping left toe next to right foot, swing left knee: right, left, right
5& Kick left foot forward, step on left foot next to right
6-7-8 Keeping right toe next to left foot, swing right knee: left, right, left

SIDE TOUCHES & SAILOR SHUFFLES

&9-10 Step on right foot next to left, swing left knee to the right, touch left toe out to left side
&11-12 Step on left foot next to right, swing right knee to the left, touch right toe out to right side

TOUCH BACK, ½ PIVOT, KICK-STEP-TOUCH, STEP TOUCHES

17-18 Touch back with right toe, pivot ½ turn, right, shifting weight to right foot
19&20 Kick left foot forward, step on left foot next to right, touch right toe out to right side
21-22 Step forward onto right foot, touch left toe out to left side
23-24 Step forward onto left foot, touch right toe out to right side

STEP, TOUCH, COASTER STEP, SCUFF/SCOOT, WALK BACK

25-26 Step forward onto right foot, touch left toe behind right heel
27&28 Coaster step: step backward onto left foot, step right foot next to left, step forward onto left foot
29& Scuff right heel forward, scoot back a little on left foot (weight is already there)
30-31 Step backward onto right foot, step back onto left foot
31 Touch right toe next to left foot

REPEAT
