

Perky Ladies

COPPER KNOB
STEPPERS

拍數: 32 牆數: 0 級數:
編舞者: Marilynne Delurey (CAN)
音樂: Family Affair - Mary J. Blige



This one's for you Cheryl

HEEL & TOE, HEEL & TOE, HEEL & STEP, OUT, IN, OUT, STEP ½ TURN

- 1-2 Left heel forward, quickly step on left foot and touch right toe to left instep.(quickly step on right foot)
3-4 Left heel forward, quickly, step on left foot and touch right toe to left instep (quickly step on right foot)
5-6 Left heel forward, quickly step on left foot and touch right toe to left instep
7&8 Touch right toe back, touch right toe to left instep, step right back, while making a ½ turn right, (weight should be on right)

LOCK STEP LEFT-RIGHT-LEFT, FORWARD TRIPLE ½ TURN RIGHT, LEFT, RIGHT, LOCK STEP LEFT, RIGHT, LEFT, ROCK FORWARD LEFT, ¼ TURN LEFT

- 1&2 Step forward on left, right behind left, step forward on left
3&4 Step forward right, step forward left, step forward right, making a ½ turn to the left
5&6 Step forward on left, right behind left step forward on left
7&8 Rock forward on right, recover weight on left, making a ¼ turn left and bringing right toe in to left instep

STEP OUT RIGHT, SHOULDER MOVES RIGHT, LEFT, RIGHT, LEFT, BEHIND, SIDE FORWARD, POINT FORWARD AND BACK

- 1-2- Step right out to right side, at the same time move shoulders to the right, move shoulders to left side
3-4 Move shoulders to the right side, move shoulders to the left
5&6 Step right behind left, step left to left side, step right forward
7-8 Point left toe forward, point left toe back

TOE STRUTS MOVING FORWARD, LEFT-RIGHT-LEFT, TAP TAP STEP ½ TURN RIGHT

- 1-2 Left toe forward, drop left heel
3-4 Right toe forward, drop right heel
5-6 Left toe forward, drop left heel
7&8 Tap right toe forward, tap right toe beside left instep, step making a ½ turn right

REPEAT
