

A Perfect World (P)

COPPER KNOB
BY STEPHEN BATES

拍數: 48 牆數: 0 級數: Partner
編舞者: Rick Bates (USA) & Deborah Bates (USA)
音樂: Ain't Nothing 'Bout You - Brooks & Dunn



Position: Right open promenade position, holding inside hands. Man's right and lady's left. Man's upper body will be turned toward 10:00, lady's upper body will be turned toward 2:00. Joined hands extended forward

FORWARD STEP-SLIDES, SYNCOPATED FORWARD STEP-SLIDE-STEPS

1-2 Step forward on right foot; slide left foot up behind right heel and step
3&4 Step forward on right foot; slide left foot up behind right heel and step; step forward on right foot

Release inside hands. Man turns upper body toward 2:00 and takes up lady's right hand in his left. Joined hands extended forward. Lady turns upper body toward 10:00. Lady will be slightly ahead of man

5-6 Step forward on left foot; slide right foot up behind left heel and step
7&8 Step forward on left foot; slide right foot up behind left heel and step; step forward on left foot

SIDE STEP, BEHIND, SYNCOPATED SIDE STEP, CROSS, SIDE ROCK STEP, CROSS, UNWIND, HIP BUMPS

Release man's left hand from lady's right. Lady passes in front of man as partners switch sides

9-10 Step to the right on right foot; cross left foot behind right and step
& Step to the right on right foot
11-12 Cross left foot over right and step; step to the right on ball of right foot
& Rock to the left onto left
13-14 Cross right foot over left; unwind ½ turn to the left

Man takes up lady's left hand in his right returning to the right open promenade position facing RLOD

15-16 Bump right hip with lady's left hip twice, end with weight on right foot

FORWARD SHUFFLE, TO THE LEFT MILITARY PIVOT, WALK FORWARD, FORWARD SHUFFLE

17&18 Shuffle forward (left, right, left)

Release inside hands. Man's right and lady's left

19-20 Step forward on right foot; pivot ½ turn to the left on ball of right foot and shift weight to left foot

Man takes up lady's right in his left. Partners now in the left open promenade position facing LOD

21-22 Step forward on right foot; step forward on left foot
23&24 Shuffle forward (right, left, right)

ROLLING TURN TO THE LEFT, SIDE SHUFFLE, TURNING JAZZ SQUARE, TOGETHER

Release inside hands. Lady passes in front of man as partners switch sides

25-26 Step to the left on left foot and begin a full rolling turn to the left traveling to the left; step on right foot and complete full rolling turn to the left
27&28 Side shuffle to the left (left, right, left)

Man takes up lady's left hand in his right returning to the right open promenade position facing RLOD

29-30 Cross right foot over left and step; step back on left foot
31-32 Step a ¼ turn to the right on right foot; step left foot next to right

Man takes up lady's right hand in his left. Man faces OLOD and lady faces ILOD in the double hand hold position

SIDE SHUFFLE, ROCK STEP, FULL TO THE RIGHT ROLLING TURN, BEHIND

33&34 Side shuffle to the right (right, left, right)
35-36 Step back on left foot; rock forward onto right foot

Do not release hands during counts 37-40

- 37 Raise right hand and lower left hand as you step to the left on left foot and begin a full to the right rolling turn traveling to the left
- 38 Lower right hand and raise left hand as you step on right foot and continue full rolling turn to the right
- 39 Raise right hand and lower left hand as you step on left foot and complete full rolling turn to the right
- 40 Bring hands to waist level as you cross right foot behind left and step

SIDE SHUFFLE, PIVOT, ROCK STEP, WALK FORWARD, MILITARY PIVOT TO THE LEFT

41&42 Side shuffle to the left (left, right, left)

Release man's right hand from lady's left

& Pivot $\frac{1}{4}$ turn to the right on ball of left foot

Partners now in the left open promenade position facing RLOD

43-44 Step back on right foot; rock forward on left foot

45-46 Step forward on right foot; step forward on left foot

Release inside hands. Man's left and lady's right

47-48 Step forward on right foot; pivot $\frac{1}{2}$ turn to the left on ball of right foot and shift weight to left foot

Man takes up lady's left hand in his right. Partners return to right open promenade position facing LOD

REPEAT
