### **Perfect Time**



拍數: 72 牆數: 4 級數: Intermediate

編舞者: Stephen Sunter (UK)

音樂: I Don't Want This Song to End - John Michael Montgomery



# RIGHT, BEHIND, RIGHT, ROCK, STEP LEFT, CROSS RIGHT, UNWIND, ROCK LEFT, FULL TURN TO THE RIGHT TRAVELING RIGHT

1-2-3	Step right foot right, step left foot behind right, step right to right
4-5-6	Rock forward on left crossing in front of right, rock weight onto right, step left to left
7-8	Cross step right over left as you unwind ½ turn to the left, rock weight over to left foot
9	Rock weight over to right foot
10	Pivot ½ turn to the right on ball of right foot placing weight onto left foot
11	Pivot ½ turn to the right on ball of left foot placing weight onto right foot
12	Cross step left in front of right

## RIGHT, BEHIND, RIGHT, ROCK, STEP LEFT, CROSS RIGHT, UNWIND, ROCK LEFT, FULL TURN TO THE RIGHT TRAVELING RIGHT

13-14-15	Step right foot right, step left foot behind right, step right to right	
16-17-18	Rock forward on left crossing in front of right, rock weight onto right, step left to left	
19-20	Cross step right over left as you unwind ½ turn to the left, rock weight over to left foot	
21	Rock weight over to right foot	
22	Pivot ½ turn to the right on ball of right foot placing weight onto left foot	
23	Pivot ½ turn to the right on ball of left foot placing weight onto right foot	
24	Pivot ¼ turn right on ball of right foot as you step forward on left	
Now fooing the 2,00 well		

#### Now facing the 3:00 wall

#### STEP RIGHT, ½ PIVOT LEFT, STEP RIGHT, STEP LEFT, ½ PIVOT RIGHT, STEP LEFT, REPEAT

25-26-27	Step right foot forward, pivot ½ turn left, step right foot forward
28-29-30	Step left foot forward, pivot ½ turn right, step left foot forward
31-32-33	Step right foot forward, pivot ½ turn left, step right foot forward
34-35-36	Step left foot forward, pivot ½ turn right, step left foot forward

#### STEP FORWARD RIGHT, STEP LEFT, STEP RIGHT, STEP BACK LEFT, STEP RIGHT, STEP LEFT

37-38-39	Step right foot forward, step left next to right, step right in place
40-41-42	Step left foot back, step right next to left, step left in place

# ROCK BACK RIGHT, ROCK WEIGHT TO LEFT, FULL TURN TO THE LEFT, REPEAT STARTING WITH LEFT FOOT

43-44	Rock back on to right, replace weight onto left
45	Make a full turn to the left on ball of left foot stepping right foot next to left when turn is complete
46-47	Rock back on to left, replace weight onto right
48	Make a full1 turn to the right on ball of right foot stepping left foot next to right when turn is complete

# 1/4 TURN ROCK RIGHT, ROCK LEFT, STEP RIGHT, ROCK LEFT, ROCK RIGHT, STEP LEFT TOE FAN, HEEL FAN

49-50-51	Making a 1/4 turn right rock to right side, rock weight on to left foot, step right foot next to left
52-53-54	Rock to left side, rock weight on to right foot, step left foot next to right
55-56-57	Fan right toes a ¼ to right, bring toes back in place, fan right toes a ¼ to right
58-59-60	Turn left heel a ¼ to left, bring heel back in place, turn left heel a ¼ to left
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On last 3 counts you should have made a 1/4 turn to the right

### STEP FORWARD & BACK, BUMP TWICE, ROCK FORWARD, ROCK BACK

&61-62-63	Step back on right, step forward on left, bump hips left, bump hips right
&64-65-66	Step back on left, step forward on right, bump hips right, bump hips left
67-68-69	Rock forward on right, rock weight onto left, step right next to left

70-71-72 Rock left on to left foot, rock weight onto right, cross step left in front of right foot

### **REPEAT**

### Optional steps for counts 43 to 48

43	Step right foot back and	swing hips right	(turn body slight	ly to right)
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44-45 Rock weight to left foot, step right next to left (straighten body to face wall 3)

Step left foot back and swing hips left, (turn body slightly to left)

47-48 Rock weight to right foot, step left next to right (straighten body to face wall 3)