

Perfect Man

COPPER **NOB**
BY STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Paul Clifton (UK)
音樂: This Man I Love - Claudia Church



CROSS BREAKS - TRIPLE STEP, RIGHT & LEFT

1-2 Cross rock right over left, recover weight back to left
3&4 Triple step in place stepping right, left, right
5-6 Cross rock left over right, recover weight back to right
7&8 Triple step in place stepping left, right, left

CROSS STEP BACK SHUFFLE DIAGONALLY BACK RIGHT & LEFT

1-2 Cross step right over left, step back on left
3&4 Step diagonally back on right & step left next to right, step diagonally back on right (this shuffle should be traveling diagonally back right with body angled right)
5-6 Cross step left over right, step back on right
7&8 Step diagonally back on left & step right next to left, step diagonally back on left (this shuffle should be traveling diagonally back left with body angled to left diagonal)

CROSS ROCK SHUFFLE ¼ TURN ½ RONDE LEFT SHUFFLE FORWARD

1-2 Cross rock right over left, recover weight back onto left
3&4 Step right foot ¼ turn right & step left next to right, step right forward
5-6 Pivot ½ turn right on ball of right, as you sweep left toe around left side, to end up pointing forward, (take 2 counts for this sweep, (weight remains on right))
7&8 Step left forward & step right next to left, step left forward

ROCK & COASTER STEPS RIGHT & LEFT

1-2 Rock forward on right, recover weight back onto left
3&4 Step back on right & step left next to right, step right forward
5-6 Rock forward on left, recover weight back onto right
7&8 Step back on left, step right next to left, step left forward

STEP HITCH & CLICK, SHUFFLE ROCK, TRIPLE ½ TURN RIGHT

1-2 Step forward on right, hitch left knee slightly across body, as you click at shoulder level
3&4 Step left forward & step right next to left, step left forward
5-6 Rock forward on right, recover weight back onto left
7&8 Shuffle ½ turn right, stepping right, left, right

STEP HITCH & CLICK, SHUFFLE ROCK, TRIPLE ½ TURN LEFT

1-2 Step forward on left, hitch right knee slightly across body clicking fingers at shoulder level
3&4 Step forward on right & step left next to right, step forward on right
5-6 Rock forward on left recover weight back to right
7&8 Shuffle ½ turn left stepping left, right, left

STEP ¼ PIVOT CROSS OVER SHUFFLE ¼ TURN ½ TURN SHUFFLE FORWARD

1-2 Step forward on right pivot ¼ turn left
3&4 Step right over left & step left to the side, step right over left
5-6 Step back on left completing ¼ turn right, step back on right completing ½ turn right
7&8 Step forward on left, & step right next to left, step forward on left

ROCK STEP SHUFFLE BACK, TOUCH REVERSE, ½ PIVOT, STEP ¼ TURN

1-2 Rock forward on right, recover weight back to left

3&4 Step back on right, & step left next to right, step back on right
5-6 Touch left toe back, $\frac{1}{2}$ turn left transferring weight to left
7-8 Step forward on right, $\frac{1}{4}$ turn pivot left

REPEAT
