

Perfect Day

COPPER KNOB
BY STEPHEN BRETZ

拍數: 64 牆數: 2 級數: Improver
編舞者: David J. McDonagh (WLS)
音樂: Perfect Day - Hoku



The dance starts immediately, so, to give you time to start the dance count for 8 beats from the beginning and then start from the Monterey turn (count 9) (you'll still be facing the right way). Start on the word: "sun's up, it's a little after twelve". "AFTER" is count 9 where you start with the Monterey turn

STEP ½ TURN, KICK, STEP, STEP ½ TURN, KICK, CROSS

- 1-2 Step right forward, pivot ½ turn left
- 3-4 Kick right forward, step right forward
- 5-6 Step left forward, pivot ½ turn right
- 7-8 Kick left forward, cross-step left over right

MONTEREY TURN, OUT-OUT (FORWARD), IN-IN (BACK)

- 1-2 Point right to right side, step right beside left turning ½ turn right
- 3-4 Point left to left side, step left beside right
- 5-6 Step right diagonally forward (out), step left diagonally forward (out)
- 7-8 Step right backwards to center (in), step left backwards to center beside right (in)

REPEAT ABOVE COUNTS (1-16)

- 17-32 Repeat above counts (1-16)

STEP, TOUCH-TOUCH, KICK, STEP, TOUCH-TOUCH, KICK

- 1-4 Step right diagonally forward, touch left toe beside right twice, kick left forward
- 5-8 Step left diagonally forward, touch right toe beside left twice, kick right forward

ROCK RECOVER, ½ TURN CLAP, ½ TURN CLAP, ½ TURN CLAP

- 1-2 Rock forward on right, recover weight onto left
- 3-4 On ball of left turn ½ turn right stepping forward on right, clap
- 5-6 On ball of right turn ½ turn right stepping back on left, clap
- 7-8 On ball of left turn ½ turn right stepping forward on right, clap

ROCK RECOVER, BACK-LOCK, BACK-LOCK, BACK-KICK

- 1-2 Rock forward on left, recover weight onto right
- 3-4 Step back on left, cross-step right over left
- 5-6 Step back on left, cross-step right over left
- 7-8 Step back on left, kick right forward

ROCK RECOVER, KICK BALL STEP, TOE HEEL STRUT TWICE

- 1-2 Rock back on right, recover weight onto left
- 3&4 Kick right forward, step right beside left, step left forward
- 5-6 Touch right toe forward, step down on right heel
- 7-8 Touch left toe forward, step down on left heel

REPEAT

RESTART

After the 2nd wall repeat the 1st (16 counts), you then start the dance again.
Later on it feels that you need another bridge, but you don't. Just dance it through.

