Perfect Bliss



拍數: 32 牆數: 4 級數: Improver

編舞者: Raymond Townsend (UK) 音樂: Perfect Bliss - Bellefire



ROCK LEFT & RIGHT, BEHIND AND CROSS, 1/4 SAILOR TURN RIGHT

| 1-2 | Rock left to left, | rock right on | riaht |
|--------------|----------------------|---------------|-------|
| 1 - 2 | I YOUR ICIL TO ICIL, | TOOK HIGHT OH | HIGHL |

3&4 Step left behind right, step right to right, cross left over right

5-6 Rock right to right, rock left to left

7&8 Cross right behind left, step left ¼ right, step forward left

STEP TURN, FORWARD SHUFFLE, ROCK FORWARD AND BACK ¾ TURN

1-2 Step forward on left, pivot half turn over right shoulder

3&4 Forward shuffle (left, right, left)

5-6 Rock forward on right, rock back on the left

7-8 Make ³/₄ turn stepping right and left (stepping left out)

SAILOR STEP, BEHIND AND UNWIND HALF TURN, HIP BUMPS RIGHT AND LEFT

1&2 Step right behind left, step left to left side, step right in place (sailor step)

3-4 Step left behind right, unwind half turn over left shoulder

5&6& Hip bumps to right, right, left, right 7&8& Hip bumps to left, left, right, left

STEP CROSS STEP QUARTER TURN, STEP HALF TURN, STEP STOMP

1-2 Step right with right, cross rock left over right

3-4 Rock back onto right, step left to left making ¼ turn over left shoulder

5-6 Step forward on right, pivot half turn over left shoulder

7-8 Step forward on right, stomp left next to right, (keep weight on right)

REPEAT

TAG

After the 1st wall and then again after the 8th wall ROCK QUARTER TURN, FORWARD LEFT PIVOT HALF TURN

1-4 On ball of right make 1/4 turn right stepping back on left, step right in place, step left forward,

make half turn over right shoulder