

Perfect

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Megan Hart (UK)
音樂: Perfect Love - Trisha Yearwood



ROCK STEP, BACK LOCK BACK, ½ TURN, ½ TURN, COASTER STEP

1-2 Rock forward on right, rock back on left
3&4 Step back right, lock left over right, step back right
5-6 Make ½ turn left stepping forward left, ½ turn left stepping back right
7&8 Step back left, step together with right, step forward left

SYNCOPATED ROCK STEPS, STEP FORWARD, PIVOT ¼ TURN TO LEFT, SWIVEL LEFT, RIGHT, LEFT

9&10& Rock right forward, recover weight on left, rock back right, rock forward on left
11&12& Rock right forward, recover weight on left, rock back right, rock forward on left
13-14 Step forward on right, swivel ¼ turn to left
15&16 Swivel heels left, right, left

Or

9-12 Rock forward on right, back on left, rock back on right, forward on left - all in single time

SYNCOPATED LOCK STEPS X 3, STEP LEFT, TOUCH RIGHT BEHIND

17-18& Step right diagonally forward right, lock left behind right, step right forward
19-20& Step left diagonally forward left, lock right behind left, step forward left
21-22& Step right diagonally forward right, lock left behind right, step right forward
23-24 Step left diagonally forward left, touch right behind left

Or 17-22 can be replaced by step touches

¼ TURN, 2 X HALF TURNS, RIGHT SHUFFLE, ROCK STEP, COASTER STEP

25-26 Step right ¼ turn right, on ball of right make ½ turn right stepping back left
27&28 Make ½ turn right stepping forward right, close left beside right, step forward right
29-30 Rock forward on left, rock back on right
31&32 Step back left, close right beside left, step forward left

STOMP, CLAP, STOMP, STOMP, CLAP, COASTER STEP, STEP PIVOT ½ TURN

33-34 Stomp right foot forward, clap hands once
&35-36 Stomp left beside right, stomp right forward, clap hands once, (weight ends on left)
37&38 Rock back right, together with left, rock forward right
39-40 Step forward on left, pivot ½ turn right

STOMP, CLAP, STOMP, STOMP, TOUCH, ¼ TURN RIGHT, HALF TURN TWICE, STEP FORWARD LEFT

41-42 Stomp left foot to left side, clap hands once
&43-44 Stomp right beside left, stomp left to left side, touch right beside left
45-46 Step right ¼ turn right, make ½ turn right stepping back left,
47-48 Make ½ turn right stepping forward right, step forward left.

REPEAT

TAG

At the end of the 5th wall only

1-4 Bump hips 2 right, 2 left