

Perdido En Ti (Lost To You)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Karl Cregeen (UK)
音樂: My Heart Is Lost to You - Brooks & Dunn



½ MONTEREY TURN RIGHT, MAMBO LEFT, SIDE CUBAN STEPS

- 1-2 Touch your right toe to the right side, ½ turn to the right (on ball of your left foot) placing weight onto your right foot
- 3&4 Rock to the left side onto your left foot, replace weight onto your right foot, step left in place next to right
- 5-6 Step right to right side, step left foot next to right
- 7-8 Step right to right side, step left foot next to right

To achieve Cuban motion step onto the inside edge of your foot and roll to the outside as you step

¼ MONTEREY TURN RIGHT, MAMBO LEFT & RIGHT, ½ PIVOT TURN RIGHT

- 9-10 Touch your right toe to the right side, ¼ turn to the right (on ball of your left foot) placing weight onto your right foot
- 11&12 Rock to the left side onto your left foot, replace weight onto your right foot, step left in place next to right
- 13&14 Rock to the right side onto your right foot, replace weight onto your left foot, step right in place next to left
- 15-16 Step forward onto your left foot, pivot ½ turn to the right side placing weight onto your front foot(right foot)

½ TURN FORWARD, ¼ TURN SIDE SHUFFLE, CROSS ROCKS

- 17-18 Step forward onto your left foot (5th position) as you prepare to turn to the left, turn ½ turn to the left as you step back onto your right foot
- 19&20 Turn ¼ turn to your left as you step left foot to left side, step right foot beside left, step left foot to left side
- 21&22 Rock diagonally forward onto your right foot crossing over the left foot, replace weight onto your left, step right foot next to left
- 23&24 Rock diagonally forward onto your left foot crossing over the right foot, replace weight onto your right, step left foot next to right

STEP FORWARD ½ PIVOT DRAG LEFT, SWITCH STEP

- 25-26 Step forward onto your right foot and begin pivot ½ turn to the left (weight remains on right foot), complete turn and drag left foot towards the right on beat 26
- &27-28 On the & count place your left foot next to right, step forward with your right foot, step forward with your left foot

¼ TURN LEFT, HIP SWAY

- 29-30 Turn ¼ turn to the left stepping right foot to the right side and sway your hips to the right side, sway your hips to the left side on count 30
- 31-32 Sway your hips to the right side, then sway your hips to the left side (weight onto left foot)

Try to achieve figure 8 movement with your hips on these hip sways

REPEAT

TAG

After each third repetition of the 32 count dance above (i.e., 3 walls - tag - 3 walls - tag - three walls) and are similar to the first 4 counts of the dance repeated three times to lead you nicely back into the dance on the forth time

¼ MONTEREY, MAMBO LEFT

1-2	Touch your right toe to the right side, $\frac{1}{4}$ turn to the right (on ball of your left foot) placing weight onto your right foot
3&4	Rock to the left side onto your left foot, replace weight onto your right foot, step left in place next to right
5-6	Touch your right toe to the right side, $\frac{1}{4}$ turn to the right (on ball of your left foot) placing weight onto your right foot
7&8	Rock to the left side onto your left foot, replace weight onto your right foot, step left in place next to right
9-10	Touch your right toe to the right side, $\frac{1}{4}$ turn to the right (on ball of your left foot) placing weight onto your right foot
11&12	Rock to the left side onto your left foot, replace weight onto your right foot, step left in place next to right
