Percolatin'



編舞者: Suzanne Wilson (USA) 音樂: Family Affair - Mary J. Blige



SLIDE RIGHT, ROCK BACK LEFT, STEP RIGHT, STEP LEFT, SLIDE FRONT WITH ½ TURN LEFT, ROCK BACK LEFT, STEP RIGHT, STEP LEFT

1-2 Step right foot to the right, slide left foot to meet right foot (don't step)

&3 Rock back on the left foot, step on the right foot

4 Step left slightly forward

5-6 Step right foot to the front, slide left foot to meet right foot while turning a half turn to the left

(don't step)

&7 Rock back on the left foot, step on the right foot

8 Step left slightly forward

HOLD STOMP, HOLD STOMP, SLIDE BACK ON RIGHT, MILITARY HALF TURN TO THE LEFT

9 Hold

&10 Stomp right, stomp left, (forward)

11 Hold

&12 Stomp right, stomp left, (forward)

13-14 Step back on right, slide left beside right foot

15-16 Hook left behind right foot and military ½ turn to the left

STEP FORWARD ON RIGHT, SHAKE SHOULDERS WHILE BENDING FORWARD AT THE WAIST, $\frac{1}{4}$ TURN SLIDE TO LEFT, STEP RIGHT AND SNAP

17 Step forward on right,

18-19-20 Shake shoulders while bending down (bend to waist level)

21-22 Turn body to left, and step left to left side, slide right foot to meet left foot

23 Step on right next to left foot

24 Snap both fingers

CIRCLE HIPS LEFT, CIRCLE HIPS RIGHT

25-28 Rotate hips while slightly bouncing to beat of music

Start circle by sticking right hip out to the right and then make one complete circle to the left

29-32 Stop and reverse movement from before to rotate hips in a circle to the right (while slightly

bouncing to beat of music)

REPEAT