

People Need Love

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Lina Choi (HK)
音樂: People Need Love - ABBA



HIP BUMPS LEFT, RIGHT, LEFT, HOLD, SAILOR ¼ RIGHT, HOLD

1-4 Step left to left & bump hip left, right, left, hold
5-6 Cross right behind left, ¼ turn right step left to left
7-8 Step right slightly forward, hold

STEP, ¼ TURN RIGHT, FORWARD, RECOVER, ¼ LEFT, RECOVER, ½ LEFT, HOLD

1-2 Step left forward, pivot ¼ turn right
3-4 Step left forward, recover on right
5-6 Make ¼ turn left step left forward, recover on right
7-8 Make ½ turn left step left forward, hold

HIP BUMPS RIGHT, LEFT, RIGHT, HOLD, SAILOR ¼ LEFT, HOLD

1-4 Step right to right & bump hip right, left, right, hold
5-6 Cross left behind right, ¼ turn left step right to right
7-8 Step left slightly forward, hold

STEP, ¼ TURN LEFT, FORWARD, RECOVER, ¼ RIGHT, RECOVER, ½ RIGHT, HOLD

1-2 Step right forward, pivot ¼ turn left
3-4 Step right forward, recover on left
5-6 Make ¼ turn right step right forward, recover on left
7-8 Make ½ turn right step right forward, hold

TRIPLE ½ TURN, HOLD, FULL TURN LEFT, STEP FORWARD, HOLD

1-2 Step left forward, pivot ½ turn right
3-4 Step left forward, hold
5-6 Make ½ turn left step back on right foot, make ½ turn left step forward on left foot
7-8 Step right forward, hold

STEP, ¼ RIGHT, STEP, HOLD, ½ TURN LEFT BACK LOCK, HOLD

1-2 Step left forward, pivot ¼ turn right
3-4 Step left forward, hold
5-6 Make ½ turn left step right back, cross left over right
7-8 Step right back, hold

COASTER ¼ RIGHT, HOLD, SAILOR ¼ RIGHT, TOGETHER

1-2 Step left back, step right beside left
3-4 Make ¼ turn right step left forward, hold
5-6 Cross step right behind left, make ¼ turn right step left to left
7-8 Step right forward, step left beside right

MASHED POTATO, COASTER CROSS, HOLD

&1-2 Lift right foot slightly off floor & turn both toes in / heels out, step back onto right foot as you turn both toes out / heel in, hold
&3-4 Lift left foot slightly off floor & turn both toes in / heels out, step back onto left foot as you turn both toes out / heel in, hold
5-6 Step back on right, step left beside right
7-8 Cross right over left, hold

REPEAT

TAG & RESTART

At 1st wall after 32 counts facing 12:00, do the following 6 count tag and restart dance from the beginning.

1 Cross left over right

2-6 Unwind full turn right (weight on right)

Hand movement - cross your hands, raise and draw a circle inwards then lower to both sides

TAG

After 1st wall facing 9:00, & after 3rd wall facing 3:00, 2 count break:

1-2 Bump hip left, right

TAG

After 2nd wall facing 6:00, 6 count break:

1-2 Cross left over right, unwind full turn right (weight on right)

Hand movement - cross your hands, raise and draw a circle inwards then lower to both sides

TAG

After 4th wall facing 12:00, 4 count break:

1-4 Cross left over right, unwind full turn right (weight on right)

Hand movement - cross your hands, raise and draw a circle inwards then lower to both sides
