

Penny Rock

拍數: 48 牆數: 4 級數: Improver
編舞者: Joe Barker (USA) & Penny Barker (USA)
音樂: Come On Back - Carlene Carter



-
- 1-4 Angle left step side left, step right crossing in front of left step, step side left, touch right heel side (45 degree right angle)
5-6 Step side right, step left crossing in front of right left
7-8 Step side right & touch left heel side (45 degree left angle)
- 9-12 Step left foot down & angle body bumping hips twice to the left & twice to the right (repeat)
13-16 Bump hips twice to the left & twice to the right
- 17-20 Vine left: step side left, step right behind left, step side left & stamp right together (no weight)
21-24 Vine right: step side right, step left behind right, step side right & stamp left together (no weight)
- 25-28 Stroll left: angle body stepping left forward, drag right behind left, step left forward & scuff right foot
29-32 Stroll right: angle body stepping right forward, drag left behind right, step right forward & scuff left foot
- 33-36 In place, step left & scuff right (clap optional), step right & scuff left (clap optional)
37-38 Step left forward & tap right toe in back
39-40 Step right foot back, tap left heel forward
- 41-42 Step left forward & tap right toe in back
43-36 Step right foot back, step left foot back, step right foot back turning ¼ right, step left crossing in front of right foot
47-48 Step side right & touch left heel side (45 degree left angle)

REPEAT
