

Penguin

拍數: 32 牆數: 4 級數: Beginner
編舞者: Gerry Haga
音樂: Penguins - Lyle Lovett



RIGHT KICK-BALL-CHANGE (TWICE):

1 Kick right foot forward
& Step in place with ball of right foot
2 Step in place with left foot
3 Kick right foot forward
& Step in place with ball of right foot
4 Step in place with left foot

KICK, STOMP, KICK-BALL-CHANGE:

5 Kick right foot forward
6 Stomp (down) with right foot next to left foot
7 Kick left foot forward
& Step in place with ball of left foot
8 Step in place with right foot

KICK-BALL-CHANGE, KICK, STOMP:

9 Kick left foot forward
& Step in place with ball of left foot
10 Step in place with right foot
11 Kick left foot forward
12 Stomp (down) with left foot next to right foot

SPLIT, CROSS, RESET (X 2):

& Step to right side with right foot
13 Touch left heel forward-left
& Place ball of left foot next to right foot
14 Step across in front of left leg with right foot
& Step to left side with left foot
15 Touch right heel forward-right
& Place ball of right foot next to left foot
16 Step across in front of right leg with left foot

STOMP, POINT SIDE, POINT FORWARD, POINT SIDE:

17 Stomp (down) with right foot next to left foot
18 Point left toe to left side
19 Touch left toe forward-right in front of right foot
20 Point left toe to left side

STOMP, POINT SIDE, POINT FORWARD, POINT SIDE:

21 Stomp (down) with left foot next to right foot
22 Point right toe to right side
23 Touch right toe forward-left in front of left foot
24 Point right toe to right side

¼ TURN, WALK, WALK, HITCH:

25 Pivot ¼ turn right on ball of left foot, step forward with right foot

- 26 Step forward with left foot
- 27 Step forward with right foot
- 28 Hitch up left knee

STEP, TOUCH, BACK, STOMP:

- 29 Step forward with left foot
- 30 Touch right toe next to left foot
- 31 Step back with right foot
- 32 Stomp (down) with left foot next to right foot

REPEAT
