

Pendulum Swing (P)

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 0 級數: Partner
編舞者: Jill Geeson (UK)
音樂: Betty's Got a Bass Boat - Pam Tillis



Position: Sweetheart position mirror image

- 1 Touch right toe to front
- 2 Swing right foot out and back
- 3 Step back on right foot
- 4 Hook left foot across right leg
- 5 Left foot step forward
- 6 Slide right foot to left foot
- 7 Left foot step forward
- 8 Touch right foot next to left

- 9 Right foot step to right side
- 10 Touch left foot next to right
- 11 Left foot step to left side
- 12 Touch right foot next to left
- 13 Step right foot to side making a quarter turn left (facing partner)
- 14 Touch left foot next to right
- 15 Step left foot a quarter turn to left
- 16 Step onto right foot making a half turn to left (facing LOD)

- 17 Step forward on left foot
- 18 Kick right foot forward
- 19 Right foot step back
- & Left foot step next to right
- 20 Right foot step forward (19&20 are a coaster step)
- 21 Cross left foot over right
- 22 Right foot step back making a quarter turn to left
- 23 Step down on left foot
- 24 Touch right foot next to left foot (facing partner)

- 25 Step right foot to right side
- 26 Cross left foot over right
- 27 Step right foot to right side
- 28 Cross left foot over right
- 29 Step right foot to right side
- 30 Cross left foot over right
- 31 Start half turn to right & complete turn on beat 32
- 32 Half turn into wrap on beats 31&32 (lady's left arm over right)

- 33 Swing hips to right
- 34 Hold
- 35 Swing hips to left
- 36 Hold
- 37 Swing hips to right
- 38 Swing hips to left
- 39 Swing hips to right

- 40 Swing hips to left
41 Swing hips to right (starting to make a quarter turn to left)
42 Hold
43 Swing hips to left (finishing quarter turn to left)
44 Hold

LADIES

- 45 Step forward on right foot & half turn to left taking up three beats
46 Lady's left arm goes over her head (still turning)
47 Arms now open position (still turning)
48 Kick left foot forward (lady facing RLOD, man facing LOD)

MEN

- 45 Rock on to right foot to right side
46 Rock onto left foot to left side
47 Rock onto right foot to right side
48 Kick left foot forward

BOTH

- 49 Rock forward onto left foot
50 Tap right foot behind left leg
51 Rock back onto right foot
52 Touch left toes to front
53 Place left foot down & swivel on toes of both feet a half turn right
54 Hold
55 Swivel on toes of both feet a half turn to left
56 Hold

LADIES

- 57&58 Right foot kick-ball-change
59&60 Right foot kick-ball-change make a half turn to left (facing LOD)
61 Stomp right foot (slightly forward)
62 Stomp left foot (slightly forward)
63 Step forward on right foot
64 Step forward on left foot

REPEAT
