

Pendulum Swing (P)

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 0 級數: Partner
編舞者: Jill Geeson (UK)
音樂: Betty's Got a Bass Boat - Pam Tillis



Position: Sweetheart position mirror image

- 1 Touch right toe to front
- 2 Swing right foot out and back
- 3 Step back on right foot
- 4 Hook left foot across right leg
- 5 Left foot step forward
- 6 Slide right foot to left foot
- 7 Left foot step forward
- 8 Touch right foot next to left

- 9 Right foot step to right side
- 10 Touch left foot next to right
- 11 Left foot step to left side
- 12 Touch right foot next to left
- 13 Step right foot to side making a quarter turn left (facing partner)
- 14 Touch left foot next to right
- 15 Step left foot a quarter turn to left
- 16 Step onto right foot making a half turn to left (facing LOD)

- 17 Step forward on left foot
- 18 Kick right foot forward
- 19 Right foot step back
- & Left foot step next to right
- 20 Right foot step forward (19&20 are a coaster step)
- 21 Cross left foot over right
- 22 Right foot step back making a quarter turn to left
- 23 Step down on left foot
- 24 Touch right foot next to left foot (facing partner)

- 25 Step right foot to right side
- 26 Cross left foot over right
- 27 Step right foot to right side
- 28 Cross left foot over right
- 29 Step right foot to right side
- 30 Cross left foot over right
- 31 Start half turn to right & complete turn on beat 32
- 32 Half turn into wrap on beats 31&32 (lady's left arm over right)

- 33 Swing hips to right
- 34 Hold
- 35 Swing hips to left
- 36 Hold
- 37 Swing hips to right
- 38 Swing hips to left
- 39 Swing hips to right

- 40 Swing hips to left
- 41 Swing hips to right (starting to make a quarter turn to left)
- 42 Hold
- 43 Swing hips to left (finishing quarter turn to left)
- 44 Hold

LADIES

- 45 Step forward on right foot & half turn to left taking up three beats
- 46 Lady's left arm goes over her head (still turning)
- 47 Arms now open position (still turning)
- 48 Kick left foot forward (lady facing RLOD, man facing LOD)

MEN

- 45 Rock on to right foot to right side
- 46 Rock onto left foot to left side
- 47 Rock onto right foot to right side
- 48 Kick left foot forward

BOTH

- 49 Rock forward onto left foot
- 50 Tap right foot behind left leg
- 51 Rock back onto right foot
- 52 Touch left toes to front
- 53 Place left foot down & swivel on toes of both feet a half turn right
- 54 Hold
- 55 Swivel on toes of both feet a half turn to left
- 56 Hold

LADIES

- 57&58 Right foot kick-ball-change
- 59&60 Right foot kick-ball-change make a half turn to left (facing LOD)
- 61 Stomp right foot (slightly forward)
- 62 Stomp left foot (slightly forward)
- 63 Step forward on right foot
- 64 Step forward on left foot

REPEAT
