

# Pega, Pega

拍數: 0                      牆數: 1                      級數:  
編舞者: Norman Gifford (USA)  
音樂: She Bangs - Ricky Martin



Sequence: ABABB ABABB AABBB (Each pattern of ABABB starts at the front wall)

## SECTION A

### CROSS VINE, CROSS-LOCK STEPS

1-4                      Left crossover; right step side; left cross behind; right step side  
5&6&                      Left crossover; right lockstep; left step crossed over; right lockstep  
7-8                      Left crossover; right brush

### CROSS VINE, CROSS-LOCK STEPS

1-8                      Repeat the previous eight counts with opposite feet

### CHA-CHA STEPS WITH ¼ TURN LEFT

1-2-3&4                      Left rock-step forward; replace right back; turn ¼ left on a cha-cha step (left-right-left)  
5-6-7&8                      Right rock-step forward; replace left back; cha-cha step in place (right-left-right)

### "MAMBO STEPS"

1&2                      Left rock back; replace right; left together  
3&4                      Right rock side; replace left; right together  
5&6                      Left rock side; replace right; left together  
7&8                      Right rock forward; left replace; right together

## SECTION B

### HIP BUMPS, "LATIN WALK STEPS"

1&2                      Bump hips to the left twice  
3&4                      Bump hips to the right twice  
5-8                      Walk forward with Cuban motion (left-right-left-right)

### ROCK STEP; TURNING SHUFFLE STEP; FORWARD SAILOR STEPS

1-2                      Left rock-step forward; right replace back  
3&4                      Left ½ turning shuffle step (left-right-left)  
5&6                      Right crossover; left together; right together  
7&8                      Left crossover; right together; left together

### ROCK STEP, TURNING SHUFFLE STEP, KICK-BALL-CHANGES

1-2-3&4                      Right rock-step forward; left replace back; right ½ turning shuffle step (right-left-right)  
5&6-7&8                      Left kick forward; left step together; right step in place; (repeat 5&6)

### SHUFFLE STEP, KICK-BALL-CHANGE, ROCK STEP, TURNING SHUFFLE STEP

1&2                      Forward shuffle step (left-right-left)  
3&4                      Right kick forward; right step together; left step in place  
5-6-7&8                      Right rock-step forward; left replace back; right ½ turning shuffle step (right-left-right)