

Peace Of Mind

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 1 級數: Intermediate
編舞者: Carl Sullivan (AUS)
音樂: Peace of Mind - George Strait



QQSS, QQSS, QQSS

1&2 Step left to left side, step right beside left, turning $\frac{1}{4}$ turn left step left forward
3 Step right forward starting to pivot turn $\frac{1}{2}$ turn left on right foot
4&5 Completing the $\frac{1}{2}$ turn left pivot turn step left forward, step right beside left, step left forward
6 Step back on right foot
7 Turning $\frac{1}{2}$ turn left on right foot step left forward
&8 Turning a further $\frac{1}{4}$ turn left on left step right beside left, step left back
1 Step down on right

QQS, QQSS, QQSS

2&3 Step left forward & slightly left, lock step right behind left, step left forward & slightly left
4&5 Step right forward & slightly right, lock step left behind right, step right forward & slightly right
6 Step back on left
7 Turning $\frac{1}{2}$ turn right on left foot step right forward
&8 Turning a further $\frac{1}{4}$ turn right on right step left beside right, step right back
1 Step down on left

QQS, QQSS, QQSS

2&3 Step right forward & slightly right, lock step left behind right, step right forward & slightly right
4&5 Step left forward & slightly left, lock step right behind left, step left forward & slightly left
6 Step back on right
7 Turning $\frac{1}{2}$ turn left on right foot step left forward
&8 Turning a further $\frac{1}{2}$ turn left on left step right beside left, step left back
1 Step down on right

QQS, QQS, QQSS, &

2&3 Step left forward, step right beside left, step left forward
4&5 Step right to right side, step left behind right back at 45 degrees right, step right across over left
6&7 Step left to left side, step right behind left back at 45 degrees left, step left across over right
8 Step back on right foot starting to turn $\frac{1}{4}$ turn left on right foot
& Complete $\frac{1}{4}$ turn left turn on right foot, ready to start sequence again

REPEAT

This dance should be done with a feel of a 2 step. Keep it relaxed and develop a smooth style. Keep steps reasonably long and close to the floor.