

PBM Mix (Pinebush Merengue Mixer)

(P)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 0 級數: Partner
編舞者: Forty Arroyo (USA)
音樂: Salomé - Chayanne



To Kathy R, DJ and Dance Instructor from Pinebush, NY, for her dedication to the line and partner dance community.

LADY: MERENGUE TO RIGHT, ROCK, RECOVER, STEP, HOLD

Starts in closed position

1-4 Step right to right, step left next to right, step right to right, step left next to right (Cuban hips)
5-8 Rock side right, recover on left, step right next to left, hold

STEP ¼ LEFT, WALK RIGHT, LEFT, Pivot ¼ RIGHT, STEP, HOLD, AND STEP, HOLD

Side by side - lady's right hand in man's left

1-4 Making a ¼ left - walk forward left right left, on ball of left pivot ¼ right (weight on right)
5-6 (Returning to closed position) step left next to right, hold
&7-8 Step right to right, step left together, hold (weight on left)

CROSS, ROCK, RECOVER, CROSS, ROCK, RECOVER, BUMP HIP LEFT-RIGHT-LEFT

1-3 (Still in closed position) cross rock right over left, recover on left, step right to right
4-6 Cross rock left over right, recover on right, step left to left
7&8 Bump hip left right left - weight ends on left

FULL TURN MERENGUE TO RIGHT, CROSS, STEP, CROSS, STEP

Man turns lady out

1-4 Full turn to right in place stepping right left right left (Cuban hips)
5-8 Waving farewell - cross step right over left, step left to left, cross step right over left, step left to left

Lady starts over with man coming from her left

MAN

MERENGUE TO LEFT, ROCK, RECOVER, STEP, HOLD (in closed position)

1-4 Step left to left, step right next to left, step left to left, step right next to left (Cuban hips)
5-8 Rock side left, recover on right, step left next to right, hold

STEP ¼ RIGHT, WALK LEFT, RIGHT, Pivot ¼ LEFT, STEP, HOLD, AND STEP, TOUCH

Side by side - lady's right hand in man's left

1-4 Making a ¼ right - walk forward right left right, on ball of right pivot ¼ left (weight on left)
5-6 (Returning to closed position) step right next to left, hold
&7-8 Step left to left, touch right next to left, hold (weight on left)

CROSS, ROCK, RECOVER, CROSS, ROCK, RECOVER, BUMP HIP RIGHT-LEFT-RIGHT

Still in closed position

1-3 Cross rock right over left, recover on left, step right to right
4-6 Cross rock left over right, recover on right, step left to left
7&8 Bump hips right left right - weight ends on right

MERENGUE IN PLACE, MERENGUE TO LEFT

1-4 Turning lady out - step in place left right left right (Cuban hips)

5-8 Waving farewell -step left to left, step right next to left, step left to left, step right next to left
Man starts over with the lady coming in from left

REPEAT
