

PBJ's Sundance Stroll (P)

COPPERKNOB
STEPSHEETS

拍數: 36 牆數: 0 級數: Partner
編舞者: Jeannie Woolman (USA)
音樂: Look Who's Needing Who - Clinton Gregory



Position: In a circle with couples facing LOD in the Sweetheart Position. Do not let go of hands until change of partner

MAN'S STEPS

VINES

Advanced step: man turns on left vine

- 1-2 Step right on right on a slight angle forward, step left behind right
- 3-4 Step right to right on a slight angle forward, touch left next to right
- 5-6 Step left to left on a slight angle forward, step right behind left
- 7-8 Step left to left on a slight angle forward, touch right next to left
- 9-10 Step right to right on a slight angle forward, step left behind right
- 11-12 Step right to right on slight angle forward, touch left next to right

Advanced step: turn the lady twice

- 13 Step left bringing right arm forward over lady's head to begin her inward turn
- 14 Step right behind left continuing lady's turn
- 15 Step left almost completing lady's turn to face
- 16 Touch right next to left, your lady is now facing you with her back to the line of dance, arms are crossed in front right over left
- 17 Step right slightly right beginning your lady's turn back beside you

- 18 Step left next to right continuing your lady's turn back
- 19 Step right to right slightly almost completing your lady's return to your side
- 20 Touch left next to right

Both are facing line of dance

LADY'S INSIDE TURN IN PLACE

Advanced step - man turns under own arm with her

- 21 Step left in place while lifting right arm & pushing with left hand for lady to turn by your side in place
- 22 Step right in place
- 23 Step left in place
- 24 Touch right next to left

WALKS & KICK

- 25-26 Step right forward, touch left toe next to right
- 27-28 Step left forward, kick right
- 29-30 Step right back, step left back
- 31-32 Step right back, touch left next to right

Change partners with lady's outside turn

Advanced step - man does one full turn to left moving forward while lady is doing full turn right moving backwards

- 33 Step left forward slightly letting go of lady's left hand & starting her outside turn to her right
- 34 Step right slightly forward letting go of lady's right hand
- 35 Step left forward slightly waiting for a new partner coming from front couple
- 36 Touch right next to left

REPEAT

LADY'S STEPS

VINES

Advanced step: lady turns on right vines

- 1-2 Step right on right on a slight angle forward, step left behind right
- 3-4 Step right to right on a slight angle forward, touch left next to right
- 5-6 Step left to left on a slight angle forward, step right behind left
- 7-8 Step left to left on a slight angle forward, touch right next to left
- 9-10 Step right to right on a slight angle forward, step left behind right
- 11-12 Step right to right on slight angle forward, touch left next to right

LADY'S CROSS OVER TURN IN FRONT OF MAN

Advanced step - turn her twice

- 13 Step left towards center of circle to begin your ½ turn left to face man
- 14 Step right next to left continuing your turn
- 15 Step left in place almost completing your turn
- 16 Touch right next to left, you are now facing your man with your back to the line of dance

- 17 Step right back towards left (backwards turn) to start your ½ re-turn back to your man's side
- 18 Step left next to right continuing your turn back
- 19 Step right to your man's side almost completing your turn
- 20 Touch left next to right

Both are facing line of dance

LADY'S INSIDE TURN IN PLACE

Advanced step: man turns under own arm with her

- 21 Step left towards your man
- 22 Step right towards back going under man's arm
- 23 Step left towards front
- 24 Touch right next to left

WALKS & KICK

- 25-26 Step right forward, touch left toe next to right
- 27-28 Step left forward, kick right
- 29-30 Step right back, step left back
- 31-32 Step right back, touch left next to right

Change partners with lady's outside turn

Advanced step - man does one full turn to left moving forward while lady is doing full turn right moving backwards

- 33 Step left forward ¼ turn right to outside of circle letting go of left hand moving in a backwards direction
- 34 Step right ½ turn right letting go of man's right hand moving in a backwards direction
- 35 Step left ¼ turn to inside of circle continuing turn to the left
- 36 Touch right next to left

REPEAT
