The Paul D

拍數: 52

級數: Improver

編舞者: Lee Lark (USA)

音樂: Hot Summer Salsa - Jive Bunny & The Mastermixers

RIGHT SIDE TRIPLE, ROCK, LEFT SIDE TRIPLE, ROCK

- 1&2 To the right, step right, left, right
- 3-4 Rock left behind right, rock forward on right
- 5&6 To the left, step left, right, left
- 7-8 Rock right behind left, rock forward on left

SHUFFLE RIGHT, SHUFFLE LEFT FORWARD TO 1ST BASE

- 9&10 Shuffle diagonally forward right, left, right
- 11&12 Shuffle diagonally forward left, right, left

SHUFFLE RIGHT, SHUFFLE LEFT TO 2ND BASE

- 13&14 Face ¼ turn right and shuffle diagonally back right, left, right
- 15&16 Shuffle diagonally back left, right, left

SHUFFLE RIGHT, SHUFFLE LEFT FORWARD TO 3RD BASE

- 17&18 Face ¼ turn right and shuffle diagonally forward right, left, right
- 19&20 Shuffle diagonally forward left, right, left

SHUFFLE RIGHT, SHUFFLE LEFT BACKWARDS TO PITCHER'S MOUND

- 21&22 Face 1/8 turn right (square with floor) and shuffle diagonally back right, left, right
- 23&24 Shuffle diagonally back left, right, left

WALK, HITCH, WALK, HITCH

- 25-28 Walk forward right, left, right (rolling fist in front of chest), hitch left (throw shoulders back)
- 29-32 Walk forward left, right, left (rolling fist in front of chest), hitch right (throw shoulders back)
- 33-36 Walk backwards right, left, right (rolling fist in front of chest) hitch left (throw shoulders back)
- 37-40 Walk backwards left, right, left (rolling fist in front of chest) hitch right (throw shoulders back)

RIGHT ROLLING VINE, CLAP, LEFT ROLLING VINE, CLAP

- 41-44 Right rolling grapevine, touch (clap hands)
- 45-48 Left rolling grapevine, touch (clap hands)

KICKBALL CHANGE, STOMP, STOMP

- 49&50 Kick right foot forward, step on ball of right, raise left foot and return
- 51-52 Stomp right foot twice

REPEAT





牆數:4