

Patri-Cha

拍數: 0 牆數: 4 級數: Intermediate
編舞者: Beryl Peters (UK)
音樂: Patricia - Mestizzo



Sequence: AAA, B, AAA B

PART A

SIDE STEP, ROCK, ROCK, SIDE SHUFFLE, ROCK, ROCK, SIDE SHUFFLE ¼ TURN

- 1-2 Step to left with left foot, rock back on right foot
- 3-4& Rock forward on left foot, step right side on left foot, step left foot next to right foot,
- 5-6 Step to right side with right foot, rock forward on left foot
- 7 Rock back onto right foot
- 8&1 Step left foot to left side, step right foot next to left foot, making ¼ turn left, step forward with left foot

ROCK, ROCK, SHUFFLE HALF TURN TO RIGHT, STEP ¾ TURN, TOUCH

- 2-3 Rock forward on right foot, rock back onto left foot
- 4&5 Make a shuffle ½ turn to the right on right left right
- 6-7 Step forward on left foot making a ½ pivot to the right, step forward on right foot making a further ¼ turn to right
- 8 Touch left foot next to right foot,

ROCK, ROCK, CROSS SHUFFLE ROCK, ROCK, ¼ LEFT SAILOR TURN

- 1 Rock left foot to left side
- 2 Rock right foot to right side
- 3&4 Cross left foot over right, bring right foot to left, cross left foot over right
- 5-6 Rock right foot to right side, rock left foot to left side
- 7&8 Cross right foot behind left foot, making a ¼ turn to the left, step forward onto left foot, step forward onto right foot,

CROSS BACK, SIDE SYNCOPATED CHASSES, SIDE TOUCH, ROCK AND CROSS

- 1-2 Cross left foot over right foot, step back onto right foot
- 3&4& Step to left on left foot, bring right foot to left foot, step to left with left foot, bring right foot to left
- 5-6 Step to left with left foot, touch right foot next to left
- 7&8 Rock right foot to right side, rock to left side onto left foot, cross right foot over left

PART B

LEFT SIDE SHUFFLE, ROCK BACK, ROCK FORWARD, SIDE SHUFFLE, ROCK BACK, ROCK FORWARD

- 1&2 Step to left with left foot, bring right foot next to left, step to left foot
- 3-4 Rock back on right foot, rock forward on left foot
- 5&6 Step to right with right foot, ring left foot next to right foot, step to right with right foot
- 7&8 Rock back on left foot, rock forward onto right foot

TURN, TURN, CROSS SHUFFLE, ROCK, ROCK, CROSS SHUFFLE

- 1-2 Making ¼ turn to right, step back onto left foot, making ¼ turn to right step to side on right foot
- 3&4 Step left foot over right, bring right foot behind left, cross left foot over right foot
- 5-6 Rock to the right with right foot, rock left onto left foot
- 7&8 Cross right foot over left, bring left foot behind right foot, cross right foot over left foot

TURN, TURN, CROSS SHUFFLE, ROCK, ROCK, CROSS SHUFFLE

- 1-2 Making $\frac{1}{4}$ turn to right, step back onto left foot, making $\frac{1}{4}$ turn to right step to side on right foot
- 3&4 Step left foot over right, bring right foot behind left, cross left foot over right foot
- 5-6 Rock to the right with right foot, rock left onto left foot
- 7&8 Cross right foot over left, bring left foot behind right foot, cross right foot over left foot

2 X PADDLE $\frac{1}{4}$ TURNS, CROSS, TOUCH, CROSS, TOUCH

- 1-2 Step forward onto left foot making $\frac{1}{4}$ turn to left, step onto right foot
- 3-4 Step forward onto left foot making $\frac{1}{4}$ turn to left, step onto right foot
- 5-6 Cross left foot over right foot, touch right foot to right side
- 7-8 Cross right foot over left foot, touch left foot to left side

CROSS, BACK, SHUFFLE $\frac{1}{2}$ TURN X 3

- 1-2 Cross left over right, step back on right
- 3&4 Making $\frac{1}{4}$ turn to left, step right to left side, bring right foot to left foot, making $\frac{1}{4}$ turn to left step forward onto left foot
- 5&6 Making $\frac{1}{4}$ turn to left step right foot to right side, bring left foot to right foot, step back onto right foot
- 7&8 Making $\frac{1}{4}$ turn to left, step left to left side, bring right foot to left foot, making $\frac{1}{4}$ turn to left step forward onto left foot

5&6 & 7&8 can be replaced with right shuffle, left shuffle

CROSS, BACK, $\frac{1}{4}$ SIDE SHUFFLE, 2 X $\frac{1}{4}$ TURN, STEP

- 1-2 Cross right foot over left foot, step back on left foot
- 3&4 Making $\frac{1}{4}$ turn to right step to side on right foot, bring left foot to right, step right foot to right side
- 5-6 Cross left foot over right foot, making $\frac{1}{4}$ turn to left step back on right foot
- 7-8 Making $\frac{1}{4}$ turn to left, step left onto left foot, step right foot next to left

ROCK, ROCK, COASTER STEP, STEP $\frac{1}{4}$ TURN, SAILOR TURN

- 1-2 Rock forward onto left foot, rock back onto right foot
- 3&4 Step back onto left foot, bring right foot next to left foot, step forward onto left foot
- 5-6 Step forward onto right foot, making $\frac{1}{4}$ turn to left, step left to left side
- 7&8 Step right foot behind left foot, step to left side left foot, making $\frac{1}{4}$ turn to left, step forward onto right foot

CROSS BACK, SIDE SYNCOPATED CHASSES, SIDE TOUCH, ROCK AND CROSS

- 1-2 Cross left foot over right foot, step back onto right foot
- 3&4& Step to left on left foot, bring right foot to left foot, step to left with left foot, bring right foot to left
- 5-6 Step to left with left foot, touch right foot next to left
- 7&8 Rock right foot to right side, rock to left side onto left foot, cross right foot over left
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