

Pass The Dutch

COPPER KNOB
BY STEPHENETS

拍數: 48 牆數: 4 級數: Advanced
編舞者: Tay Bee Khim (SG)
音樂: Pass The Dutch - Missy Elliot



Sequence: 48, 48, 48, Tag 1, 32, Tag 2, 48 to the end

HITCH RIGHT, SIDE STEP, HITCH LEFT, SIDE STEP, THRICE STOMP RIGHT, DOUBLE STOMP LEFT
1&2& Dip (bend knees with feet shoulder width apart), hitch right and raise, side step right and dip, transfer body weight to right

Hand movements: clench fists as if you are holding the drum sticks beating a drum

3&4 Hitch left and raise, side step left and dip, transfer body weight to left while standing

Hand movements: same as above

5&6 Stomp right slightly forward in (toes pointing to left diagonal), out (toes pointing to right diagonal), center (toes pointing forward) weight on right

7-8 Stomp left forward, again stomp left forward slightly take weight on left (toes pointing to right diagonal)

Hand movements: left hand in fist, elbow bent in front of left ribs, as if you are pounding the ground with a long stick

TOE STRUTS, STOMP STOMP, HITCH & SHUFFLE RIGHT, HITCH & SHUFFLE LEFT

1&2&3&4 Touch right toe next to left, step right heel down, touch left toe next to right, step left heel down, touch right toe next to left, down stomp right to right side, down stomp left to left side

&5&6 Hitch right, step right to right side, step left next to right, step right to right side

Hand movements: palms facing down, elbows out, hands pump towards right at waist level

&7&8 Hitch left, step left to left side, step right next to left, step left to left side

Hand movements: palms facing down, elbows out, hands pump towards left at waist level

2 BACK ROCK STEP WITH CHEST PUMPS, JUMPING JACKS, HITCH ½ TURN RIGHT, JUMPING JACKS

1&2 (Body angled right diagonal) cross right behind left & slight hitch left, recover on left, rock back on right & slight hitch left

Hand & chest movements: palms facing forward, right hand beside right side cheek, left hand in front of left ribs. Pushing chest out, contract, out

3&4 (Body angled left diagonal) cross left behind right & slight hitch right, recover on right, rock back on left & slight hitch right

Hand & chest movements: palms facing forward, left hand beside left side cheek right hand in front of right ribs. Pushing chest out, contract, out

5&6& Jump feet apart, cross right over left, jump feet apart, hitch right & make a ½ turn to right pivoting on left foot

7&8 Repeat 5&6

Easy option for 5&6&7&8: point right to right side, cross touch over, point right to right side hitch right with ½ turn right, point right to right side, cross touch over, step right to right side

KNEE BEND, IN-IN, TWIST HEEL, HEEL BOUNCE, MAMBO STEP

1&2 Bending both knees inward and collapse body down bent at the waist in a slightly crouched position, head bent down. Jump feet inward slightly, another jump to bring feet together into an upright position

&3&4 Twist both heels to right (swing hands to right side shoulder level), twist heels to center (swing hands down to sides), raise heels (clench fists & pull both arms up to chest level), lowered heels (hands pump down)

5&6 Step left to left side, step right to right side, step left next to right

&7-8 Step right to right side, recover on left turn ¼ right, stomp up on right (weight remain on left)

PADDLE FULL TURN LEFT, SIDE STEP RIGHT, SPIN RIGHT, STOMP FEET, SHOULDERS SHRUG

- &1&2&3&4 Hitch right, ¼ turn left point right to right side (repeat another 3 times)
- 5&6 Step down on right, hitch left & spin full turn right, stomp down both legs, bend knees with feet shoulder width apart
- 7&8 Move both shoulders up & down while twisting upper body to face right diagonal & raise gradually (transfer weight to left)

MAZURKA STEP (POLISH), BEHIND SIDE CLOSE (TWICE)

- 1&2 (Face diagonal right) step right to right diagonal, step left next to right, scuff right & hitch up high
- 3&4 Cross right behind left, step left to left side (square back to wall), stomp down right next to left
- 5&6 (Face diagonal left) step left to left diagonal, step right next to left, scuff left & hitch up high
- 7&8 Cross left behind right, step right to right side (square back to wall), stomp down left next to right

REPEAT

TAG

After end of wall 3, you'll be facing 3:00 wall.

½ TURN RIGHT

- 1 Step forward right and ¼ turn right
- 2 Side step left
- 3-5 Cross right behind left, bend the knees and lowering the body while lift right hand up above head moving in a circular motion (to the right) to touch your left shoulder and bow
- 6-8 When you hear "you all are so wonderful" raise & sweeping right hand out (palm facing up) from left to right side

TAG

After tag 1, dance only 32 counts. You will face 9:00 wall. Turn left & start on right with an 8 count ¾ walk around, ending with feet shoulder width apart facing front wall. You'll then hear "five-four-three-two-one-ring...", do the following hand movements:

- "Five" Right hand straight up, fingers spread with palm facing front
- "Four" Bring right hand down to side, stretch out left hand to left side shoulder level, palm facing backward with thumb folded
- "Three" Bring left hand down to side, right hand straight up, thumb and index fingers folded showing only 3 fingers, palm outward
- "Two" Bring right hand down to side, make a "V" shape with index & middle fingers of left hand in front of left eye, palm outward
- "One" Bring left hand down to side, right hand straight up pointing index finger upward
- "Ring" Clench fist & pull down the right hand to chest level, bend both knees

For better styling: twist upper body to face left diagonal with the right knee bend on five. Twist upper body to face right diagonal with the left knee bend on four. Repeat the same styling on three, two, one
