

Pase'o Cha Cha

拍數: 32 牆數: 4 級數: Intermediate/Advanced
編舞者: Alan "Renegade" Livett (UK)
音樂: Mucho Mambo (Sway) - Shaft



This dance is based around a classic cha-cha pattern called the Pase'o pattern. I do not know the origin of this section and I cannot take credit for this set of counts. A special thanks to Jo Thompson and A. T. Kinson for bringing the Pase'o pattern to my attention and for all their advice and encouragement. Placed 4th at Worlds 2000.

STEP, FULL TURN RONDE, BEHIND SIDE CROSS, SIDE ROCK ¼ TURN, CHA-CHA FORWARD

- 1-3 Step forward on left foot, full weight on left, pivot full turn (full turn) on left, sweeping right leg to the right and behind left
- This is easier to execute if the support leg is bent and the sweeping foot is kept close to the floor**
- 4&5 Step right foot behind left, step left to left side, step right across and in front of left
- 6&7 Rock to left side with left foot, turning right knee in, weight still on left, turn ¼ turn to right transferring weight onto right leg
- 8&1 Step forward with left foot, lock right behind left, step forward with left

PASE`O PATTERN

FORWARD BREAK, ¼ TURNING CHASSE, WEAVE, ¼ TURN, BACK LOCK STEP

- 2-3 Rock forward on right, recover onto left
- 4&5 Turn ¼ to right, chasse side, together, side
- 6-7 Step left foot across in front of right (angling body to right), ¼ turn to left, stepping back with right
- 8&1 Step back with left, lock right across left, step back left

POINT, FLICK, FORWARD TRIPLE, FULL TURN SPIRAL TO RIGHT, RIGHT STEP BALL TURN

- &2-3 Step back with right, point left toe forward angling body to right, step left next to right and flick right foot up at rear right diagonal with bent knee (squaring the body up)
- 4&5 Step right foot forward, lock left foot behind right, step forward with right
- 6-7 Step forward on left, spiral full turn to right full weight on left
- 8&1 Fall forward onto right, step forward onto left, pivot ½ turn to right

On completion of the pivot toe out to the right, to prepare for the next sequence

FORWARD CROSS BREAK, SIDE MAMBOS RIGHT AND LEFT, HOLD AND CLAP

- 2-3 Cross rock left across and in front right, recover onto right
- 4&5 Rock left foot to left side, step in place onto right, step left next to right, taking weight on left
- 6&7 Rock right foot to right side, step in place onto left, step right next to left, taking weight on right
- 8 Hold and clap

REPEAT

The first three counts are tricky to begin with. To get the feel of the action, substitute the spiral ronde with the following

- 1 Step forward on the left
- 2-3 Sweep the right leg forward and round in an arc to the right

This will have the same feel and flow as the original choreography and will place the right foot in the correct position for the next sequence. This is acceptable until the correct balance and leg control is achieved

OPTION FOR ENDING

The hold and clap on count 8 was originally included as a recover before the spiral ronde. Try replacing it with a forward triple (8 &) into the new wall, it flows nicely.

OPTIONAL ADVANCED START

Following the full turn spiral ronde (1,2,3), with the right foot in the position for the "behind, side, cross". Continue turning to the right into a reverse $\frac{3}{4}$ pivot, transferring the weight onto the right foot (4,5) and then sweep the left foot round (still continuing that turn 6,7) with a $\frac{1}{2}$ ronde into the forward triple (8&1).
