

Party Up

COPPER **KNOB**
BY STEPHEN

拍數: 64 牆數: 0 級數:
編舞者: M.T. Groove (UK)
音樂: Shake Up the Party - Joy Enriquez



To 'Big Dave' and Pauline for all their hard work!

PRESS KICK, BEHIND & CROSS TWICE

- 1-2 Lean weight to right side onto ball of right foot, recover weight onto left as you low kick right foot out
3&4 Step right behind left, and cross right over left
5-6 Lean weight to left side onto ball of left foot, recover weight onto right as you low kick left foot out
7&8 Step left behind right, and cross left over right

WALKS FORWARD, RIGHT MAMBO FORWARD WALKS BACK, CROSS ¼ TURN

- 1-2 Walk forward right, left
3&4 Rock forward right . Rock back on left. Step right beside left
5-6 Walk back left, right
7&8 Walk back left, right, turn ¼ turn left crossing left over right

SIDE TOGETHER, RIGHT CHASSE, TOE TOUCH, KNEE ¼ TURN, LEFT LOCK STEP

- 1-2 Step right to right side. Step left next to right
3&4 Step right to right side, step left next to right, step right to right side
5-6 Touch left toe to right instep. Turn left knee out ¼ turn left
7&8 Step left forward, lock right foot in behind left, step left forward

POINT, CROSS TWICE, STEP BACK RIGHT THEN LEFT ¼ TURN LEFT AND SIDE, POP RIGHT KNEE IN

- 1-2 Point right toe to right side. Cross right foot over left taking weight
3-4 Point left toe to left side. Cross left foot over right taking weight
5-6 Step back on right (slightly diagonal). Step back on left as you ¼ turn left
&7-8 Close right next to left. Step left to left side. Pop right knee in

HIP BUMPS RIGHT, LEFT, RIGHT, LEFT, RIGHT, BALL STEP, RIGHT FOOT BEHIND LEFT SHIN, FORWARD CHA RIGHT

- 1-2 Step right to right as you bump hips right. Bump hips left
3&4 Bump hips right, left, right
&5-6 Step back on ball of right. Step forward left. Bring right foot behind left shin. (figure 4)
7&8 Step right forward, step left to right heel (5th position), step forward right

Styling for count 6. As you bring your foot up on count 6 put your left arm behind your back(waist height) and your right arm above your head bent at the elbow. Turn your head sharply to the left at the same time. (this should look like a Latin move not Morecombe and Wise)!

STEP PIVOT STEP, WALK RIGHT, LEFT, FORWARD CHA RIGHT. RONDE ¼ TURN LEFT

- 1&2 Step forward left, pivot ½ turn right, step forward left
3-4 Walk forward right, left. (with Cuban style!)
5&6 Step right forward, step left to right heel (5th position), step forward right
7-8 Sweep left toe out to left side a ¼ turn left as you rock out onto it, rock out right. (weight now on right)

CROSS SAMBA TWICE, CROSS ROCK, TRIPLE ¾ TURN LEFT

- 1&2 Cross left over right, rock right to right, rock onto left

3&4 Cross right over left, rock left to left, rock onto right
5-6 Cross rock left over right, recover back onto right
7&8 Turn $\frac{3}{4}$ turn left stepping left, right, left

ROCK RECOVER, COASTER STEP, STEP PIVOT. FULL TURN

1-2 Rock forward right recover left
3&4 Step back right, step back left, step forward right
5-6 Step forward left, pivot $\frac{1}{2}$ turn right
7&8 Full turn forward stepping left, right, left

REPEAT
