Party Time!

拍數: 32

級數: Improver

編舞者: Kathy Hunyadi (USA)

音樂: We Like To Party - Vengaboys

Dance starts when heavy dance beat kicks in. After "We like to party..."

SYNCOPATED CROSS ROCK STEPS; CROSS, STEP; ROCK, STEP

- 1&2 Step right foot in front of left, recover weight to left foot, step right foot to side
- 3&4 Step left foot in front of right, recover weight to right foot, step left foot to side
- 5-6 Cross step right foot in front of left, step left foot to side
- 7-8 Rock forward in front of left foot, recover weight to left foot

SYNCOPATED CHASSE' RIGHT WITH CLAPS; POINT, HITCH; POINT, ¼ TURN RIGHT

- 1-2 Step right foot to side side, hold & clap
- &3-4 Quickly step left foot next to right, step right foot to side, hold & clap
- &5-6 Quickly step left foot next to right, point right toes to side, hitch right knee up
- 7-8 Point right toes to side, pivot on ball of left foot 1/4 to right

HIP BUMPS FORWARD RIGHT & LEFT 1/2 TURN; RIGHT SHUFFLE FORWARD

- 1&2 Step on right foot and bump hips right, left, right
- 3&4 Step forward on left foot and bump hips left, right, left
- 5-6 Step forward on right foot; turn 1/2 left stepping in place on left foot
- 7&8 Shuffle forward right, left, right

TRAVELING STEP BALL CHANGES; POINT, FLICK ½ TURN LEFT

- 1&2 Step forward on left foot, step on ball of right foot to side, step left foot in place
- 3&4 Step forward on right foot, step on ball of left foot to side, step right foot in place
- 5&6 Step forward on left foot, step on ball of right foot to side, step left foot in place
- 7-8 Point right toes forward, pivot on ball of left foot turning 1/2 left, while bending right knee and "flicking" right foot off floor, for arm styling, raise both arms up with gusto!

REPEAT





牆數: 4