Party Starter

拍數: 32　　　　牆數: 4　　　　級數: Improver
編舞者: Roger Rod (USA)
音樂: Get the Party Started - P!nk

KICK, CROSS, 1 TURN LEFT, RIGHT SIDE STEP, CROSS & HOLD

1	Kick right foot, sharply forward
2	Bring right foot back completely across left foot and touch ball of foot down
3-4	On the balls of both feet turn 1 complete turn left and end with weight on left foot
5	Step right foot to right side
6	Step left foot behind right
&	Continue moving to the right as you step back on right foot
7-8	Cross left foot in front of right and hold for count 8 (weight should be on left foot)

RIGHT TOUCHES, SIDE SHUFFLE LEFT, BACK & FORWARD ROCK, BRUSH, STOMP

1	Touch right foot sharply to the right
2	Bring right foot behind left and step down
3&4	Shuffle to the left side (left-right-left)
5-6	Rock back on right foot, rock forward onto left foot
7	Brush right foot forward next to left
8	Stomp right foot down crossing in front of left

HEEL SPLITS, FORWARD LEFT FOOT, FORWARD RIGHT FOOT & ¼ LEFT, CLAP HIPS

1&2&	On the balls of both feet split heels, out-in-out-in, and end with weight on right foot
3	Step left foot forward and start turning left foot ¼ turn left as you step down
4	Hold
5	Step right foot forward as you complete the ¼ turn left onto right foot (this is ¼ turn from starting wall) weight should be on right foot and left foot should be extended to left side
6	Clap hands
7-8	Lift left hip and heel up and down (hip pump) weight should be on right foot for this movement

FULL TURN RIGHT, TOUCH STEPS, HOLD

1	Step left foot to left side
2	Start a right turn and step back on right foot
3	Continue into right turn and step back on left foot
&	Step right foot to right side & continue turning
4	Step forward on left foot and this completes 1 right turn
5&	Touch right foot forward, step right foot back next to left
6&	Touch left foot forward, step left foot back next to right
7-8	Touch right foot to right side, hold for count 8

REPEAT